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The Montclarion, December 09, 2004

The Montclarion

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The Montclarion

The Student Voice of Montclair State University Since 1918

Vol. 84 Issue 13

December 9, 2004

www.themontclarion.org

THURSDAY: 50°

FRIDAY: 49°

SATURDAY: 55°

SUNDAY: 47°

MONDAY: 45°

RHA Voted Into SGA

Jessica Havery
News Editor

Last evening, the Residence Hall Association, once an organization in association with the Office of Residence Life, was voted into the Student Government Association by legislators in a unanimous vote.

RHA, comprised of representatives from each of the residence halls located on campus, works to bring forth ideas as to how the residence program may be improved, said Director of Residence Life Regina Sargent.

As an organization within the SGA, the RHA will be an executive branch of the SGA, similar to Greek Council, and will be governed by their own documents in accordance with rules and regulations of the SGA, as stated in the bill proposing the union of the two organizations.

According to the RHA Funding

SEE 'RHA' ON P. 3

Residence Halls to Be Smoke Free Beginning Fall 2005 Smoking Will Be Banned in All Facilities

Lisa Sharp
Staff Writer

"Beginning fall 2005, all of our residential facilities will be non-smoking spaces," said Director of Residence Life Regina Sargent. "We have experienced an increased demand for non-smoking spaces over the past several years due to students who may have respiratory problems."

According to the Montclair State University Resident Handbook distributed by the Office of Residence Life, smoking is not permitted if a student's roommate is a non-smoker and does not consent to smoking within the room. Preferences of a non-smoker take precedence over all other requests.

"I think [the policy] is fair," said junior broadcasting major Nicole Teel, a smoking resident of Webster Hall who lives with a non-smoking roommate. "If one roommate smokes and the other doesn't, this policy is an easy way to settle the disagreement between roommates."

The ban is not a fire safety issue. It is purely a Residence Life

"If a student wants to smoke, it doesn't matter if there is a rule or not, they're going to smoke."

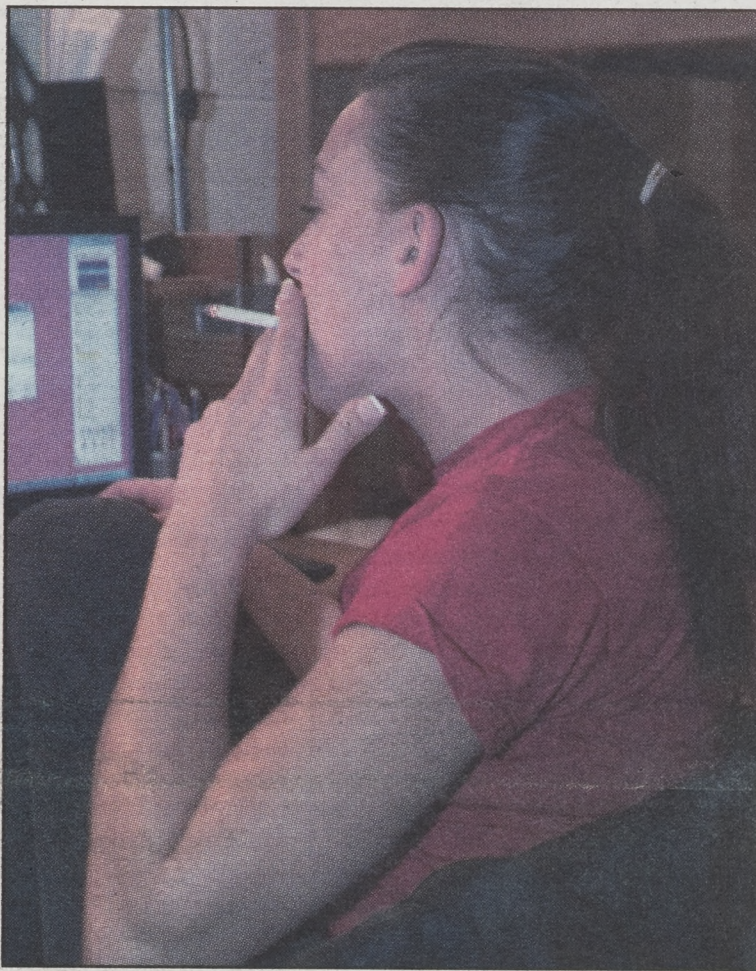
Nicole Teel
Webster Hall resident

decision, said MSU Fire Safety Compliance Coordinator Robert Ferrara. Out of the 14 state colleges in New Jersey, 12 do not allow smoking in the dorms or any other building on campus. The two that do are Kean College and The College of New Jersey.

The change has been primarily centered around health issues, but a change in our current policy would certainly promote fire prevention and facilities upkeep, said Sargent.

The University of Massachusetts' health report states that smoking leads to significant smoke-relat-

SEE 'SMOKING' ON P. 4



Dominique Wilson | The Montclarion

In the fall of next year, resident students such as junior Nicole Teel will not be permitted to smoke within a residence hall.

Bookkeeper's Resignation Withdrawal is Unsuccessful

Jessica Havery
News Editor

SGA bookkeeper Salikha Berkovich will be leaving her job of eight years at the end of this semester, Student Government Association Treasurer, Matt Wilder, said.

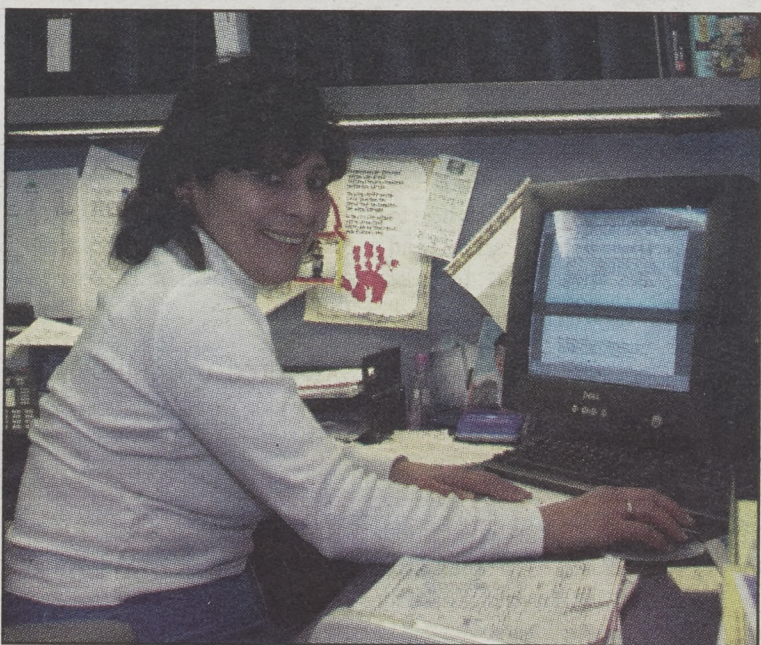
The departure comes after an unsuccessful attempt to withdraw her resignation.

According to Berkovich, SGA President Jacob V. Hudnut did not acknowledge, verbally or in writing, her letter requesting to maintain her position as an employee of the SGA.

In an attempt to rescind her resignation, which Berkovich said was submitted in "haste and frustration," she wrote that "it [was her] sincere desire to continue to serve the students of Montclair State University."

"Salikha's decision to pursue other opportunities saddens many in the SGA, but overall we wish her the best of luck in her new endeavors," Hudnut said.

Growing frustrations with the workplace environment of the SGA



Chris Peters | The Montclarion

SGA bookkeeper, Salikha Berkovich, will not return to her position of eight years after her request to remain on staff went unacknowledged.

office are what ultimately led to Berkovich's decision to resign, Berkovich said.

"My suggestion for the future of the SGA is to communicate with their employees. It is a very important concern and, in my opinion, the key to the success of this orga-

nization," Berkovich said.

One discrepancy between Berkovich and Hudnut was the mandated lunch hour that Hudnut instituted this semester, Berkovich

SEE 'BOOKKEEPER' ON P. 4

MSU to Raise \$50 Million in Campaign

Jessica Havery
News Editor

Montclair State University president Susan A. Cole, in addition to the MSU University Board of Trustees, the University Foundation Board and the Alumni Association Board, has launched a \$50 million capital campaign, reported a MSU press release.

"During [Montclair State University's] second century, about 350,000 students will receive degrees from the University," said Cole. "We want to provide those students with the facilities, faculty and scholarships that they will need to succeed."

"I am proud to announce that we are already over the halfway mark toward our \$50 million goal for MSU's Campaign for the Second Century," said Douglas L. Kennedy, chairman for the campaign.

"I am looking forward to working with everyone to make this a successful campaign that will build a stronger future for the University," Kennedy said.

The Campaign for the Second Century was launched in October 2004 and will culminate in 2008, MSU's centennial year, enabling the school to respond to its increased interest, said an MSU

"I am proud to announce that we are already over the halfway mark toward our \$50 million goal..."

Douglas Kennedy
Campaign Chairman

press release.

"We educate the leaders of tomorrow, and as applications and enrollments grow, the campaign will help us to continue to serve as a richly diverse university for intellectually talented and ambitious

SEE 'MILLION' ON P. 4

The Police Report:

Theft Tops Weekly Police Report

11/24/04 - Davizael Sanchez, 20, East Orange, NJ, was charged with underage consumption after being interviewed by officers on a reported theft. A female MSU resident reported the theft of several pieces of jewelry by her boyfriend. Officers apprehended the suspect while in route to his vehicle that was parked in lot 22.

11/29/04 - A female MSU resident reported the theft of her laptop computer.

11/29/04 - A male MSU resident reported the theft of his jeans and a wallet from the fitness center in the Panzer Gym.

11/30/04 - A male employee of the NJ Transit Parking Garage reported the theft of money from the tip container on the counter in the coffee shop.

11/30/04 - Unknown individual(s) ripped the soap dispenser off the wall and damaged the towel dispenser in the first floor men's room in Richardson Hall.

11/30/04 - A male MSU employee reported the theft of five laptop computers from College Hall.

12/1/04 - A male MSU resident reported the theft of his backpack and its contents from the hallway outside the weight room in the Panzer Gym.

12/1/04 - A male MSU student reported the theft of money from his wallet from the hallway outside the weight room in the Panzer Gym.

12/1/04 - Pasquale G. Granieri, 20, Fair Lawn, NJ; Eric Dellafave, 18, Hoboken, NJ were charged with underage consumption of alcohol in Blanton Hall. They are waiting a court date in the Little Falls Municipal Court.

12/2/04 - A male MSU student reported receiving a harassing e-mail by a known female.

12/2/04 - A female MSU resident reported the theft of money from her purse. An unknown female entered the victim's unlocked room and took the money; this incident was witnessed by the victim's roommate who was awakened by the noise.

12/2/04 - A male MSU employee reported the theft of a laptop computer from Partridge Hall.

12/2/04 - A female MSU employee reported the theft of keys from the 11th floor closet room door in Bohn Hall.

12/3/04 - A total of five vehicles had damage done to their mirrors while parked in lot 28. The case is under investigation.

Anyone who has information regarding these incidents is urged to call the police station from any campus phone at T-I-P-S (8477). All calls are strictly confidential.

MSU Campus Calendar

THURSDAY 9	MONDAY 13
4:30 p.m. Board of Trustees Public Session	11 a.m. - 3 p.m. CARS: EZ Pass/End of Semester Blowout
8 p.m. - 10:30 p.m. Players Presents: The Twilight of the Golds by Jonathan Tolins	6 p.m. Monday Night Football
FRIDAY 10	TUESDAY 14
2:30 p.m. - 4 p.m. RecBoard Meeting	CARS: Pit Stop/Get Refueled
7 p.m. ISO: End of Semester Dinner	
9 p.m. Red Hawk Night!	
SATURDAY 11	WEDNESDAY 15
10 p.m. Movie Night: <i>Anchorman</i>	2:30 p.m. - 3:30 p.m. Chinese Club Meetings
Have a Nice Weekend!	2:30 p.m. - 3:30 p.m. Chinese Club General Meetings
SUNDAY 12	4 p.m. - 5 p.m. UAASO Meetings
8 p.m. Wrestling Pay Per View Night	7 p.m. - 8 p.m. N.A.S.O. general meeting
Good Luck with your finals!	

SGA Notes

- A bill passed unanimously that brought the RHA under the SGA

- Phi Sigma Sigma was rechartered

- Lamda Tau Omega was rechartered

- Financial Management Club was rechartered

Montclarion

The Montclarion is a freely distributed newspaper providing one copy per person. Additional copies are \$0.25

Good luck with finals and have a safe winter break!

Corrections

Last week's issue of The Montclarion was Vol. 84 Issue, 12 not Vol. 84 Issue 13.

AD Rates

On-campus

Full page — \$168.00
Half Page — \$105.00
Quarter Page — \$53.00
Eighth Page — \$32.00

Off-campus

Full page — \$310.00
Half Page — \$200.00
Quarter Page — \$125.00
Eighth Page — \$80.00

Classifieds

Up to 30 words — \$10.00

Call 973-655-5237
For More Information

Advertising Policy

The Montclarion will not print ads or the political viewpoints and opinions of a specific group, or ads with excessive nudity or with excessive depictions of violence, according to local standards.

Deadlines

The deadline to submit advertisements to The Montclarion is the Monday of the week of publication.

Billing

The Montclarion is distributed on Thursdays and invoices and tearsheets are mailed the following Monday. Tearsheets for pre-paid ads must be requested. Thirty (30) days are given for payment after the insertion date, after which a 15 percent finance charge is levied. After sixty (60) days, accounts are referred to an outside collection.

Local News

COMPILED BY LAUREN LAMPE

MAPLEWOOD - Despite pressure from residents and outside interest groups, the South Orange/Maplewood Board of Education stood by its policy banning Christmas carols from being played at instrumental holiday concerts this year.

Although the policy has been in place for more than a decade, it came under fire this year when the board said the ban also extends to musical renditions of Christmas carols or other songs referring to religious holidays or symbols.

NUTLEY - In response to recent incidents of parental misconduct at youth events, the department is requiring every parent who enrolls a child in a town-sponsored sports program to sign an athletic code of conduct that prohibits everything from heckling to fighting.

Coaches, officials and volunteers all must sign the agreement to participate. If parents refuse, their child can't play. Spectators will also be banned from smoking or using tobacco.

NEWARK - Newark police closed nine businesses and arrested as many people for selling alcohol illegally during an operation designed to make sure businesses are properly licensed.

Operation Coin Depot was conducted over four days following resident complaints.

The department's license investigators and its Safe City Task Force inspected 43 locations, issued 17 summonses, and confiscated \$3,300 and nine video arcade games.

ORANGE - Acting Gov. Richard Codey presented the Valley section of Orange with a state grant designed to spark a revitalization of the working-class neighborhood, Tuesday.

Awarded to the East Orange based nonprofit HANDS Inc., the \$250,000 grant is the first money disbursed through the state's Neighborhood Revitalization Tax Credit Program, which offers tax breaks to private businesses that invest in distressed neighborhoods.

National News

COMPILED BY LAUREN LAMPE

LOS ANGELES, CA - Three people died Wednesday when a commuter van from NASA's Jet Propulsion Laboratory plummeted hundreds of feet off a mountain road in the Angeles National Forestport.

Ten people were in the van, which overturned at about 9:35 a.m. Eastern time. One person had apparently managed to crawl up the mountainside to flag down help.

NEW ORLEANS - An 8-year-old girl was suspended for nine

days for bringing to school what appeared to be 30 "Jell-O shots" -- though it was unclear whether they contained alcohol.

The girl told the principal that her mother, who works in a bar, makes alcoholic shots at home and sells them at work. The fourth-grader said her mother had instructed her to take the shots to school and sell them, three for \$1, to make some money for Christmas.

CHICAGO - LaSalle Bank officials are thankful that no one

was killed in a fire at their high-rise headquarters, but they are worried the blaze might have claimed part of the company's multimillion-dollar collection of rare photographs.

The bank's collection of 4,500 works includes photos by nature photographer Ansel Adams, Civil War photographer Mathew Brady and photography pioneer William Henry Fox Talbot.

SAN DIEGO, CALIFORNIA - A young woman accused of

trying to disfigure her teenage sister by throwing boiling oil on her was ordered to stand trial on charges of assault and aggravated mayhem.

Amber S. Jackson, 20, faces life in prison if convicted.

The 15-year-old alleged victim testified that 15 minutes before the attack her sister said, "You got a pretty face, but beauty doesn't last forever."

International News

COMPILED BY LAUREN LAMPE

CAMP BUEHRING, KUWAIT - After delivering a pep talk to energize troops preparing to head for Iraq, Defense Secretary Donald Rumsfeld got a little "talking to" himself from disgruntled soldiers.

In his prepared remarks, Rumsfeld urged the troops to discount critics of the war in Iraq and to help "win the test of wills" with the insurgents.

Some of soldiers, however, had criticisms of their own, not of the war itself but of how it is being fought.

LONDON, ENGLAND - Church leaders united on Wednesday to condemn a Christmas Nativity scene depicting soccer star David Beckham as Joseph and his pop singer wife Victoria as the Virgin Mary.

Christians called the exhibit at Madame Tussaud's waxwork museum in London a new low in the cult of celebrity worship.



courtesy of CNN.com

KABUL, AFGHANISTAN - New Afghan President Hamid Karzai is preparing to meet tribal leaders in a bid to step up the fight against the country's drug trade.

Afghan and US officials have only recently begun to heed U.N. warnings that the skyrocketing cultivation of opium poppies is producing drug mafias that could soon take an unshakable grip on the country.

Hundreds of elders are expected to meet the president to canvass an anti-drugs policy,

which is being sponsored by the US.

BELFAST, NORTHERN IRELAND - British Prime Minister Tony Blair said Wednesday the outlawed paramilitary Irish Republican Army would not accept the joint British-Irish proposal that they photograph the decommissioning of their weaponry but withhold publishing the photographs until a power-sharing government is seated next spring.

RHA

CONTINUED FROM P. 1

policy, the RHA may be appropriated in one semester no more than \$1,000 for programming of events open to the entire student body. The use of appropriated funds must receive two-thirds approval of the SGA Legislature.

"RHAs exist on many college campuses and, as stated in their constitutions, they work collaboratively with the Residence Life program," Sargent said. "They do not work independently."

When introducing the bill to be voted on at last night's meeting, SGA President Jacob V. Hudnut said that the RHA and SGA would work together with an outside administrator for a source of advisement.

"Residence Life's concern of how RHA will work with the SGA speaks to the true intent of their having an RHA, which is not the same intent of the students," Hudnut said.

RHA President Pierre Johnson said to the

members of the legislature that the executive board of RHA went to an RHA national conference in Delaware and met many simi-

"As part of the SGA, RHA will be free from what I call a dictatorship."

Pierre Johnson
RHA President

lar organizations' staffs that worked solely under Residence Life.

At last month's meeting, in which the RHA withdrew from Residence Life, Johnson said that the executive board's lack of control was an issue of difference between RHA and Residence Life.

RHA was not informed of the organization's budget, Johnson said. "We were told that we had enough money to buy one of the cars that Oprah gave to her audience members," he said.

"This is true to some extent," Sargent said. "This was intended to be a 'building year' for this group. In the budget formation, the executive board was told that once they had their activities planned, we would identify funding and attempt to support them in any way possible."

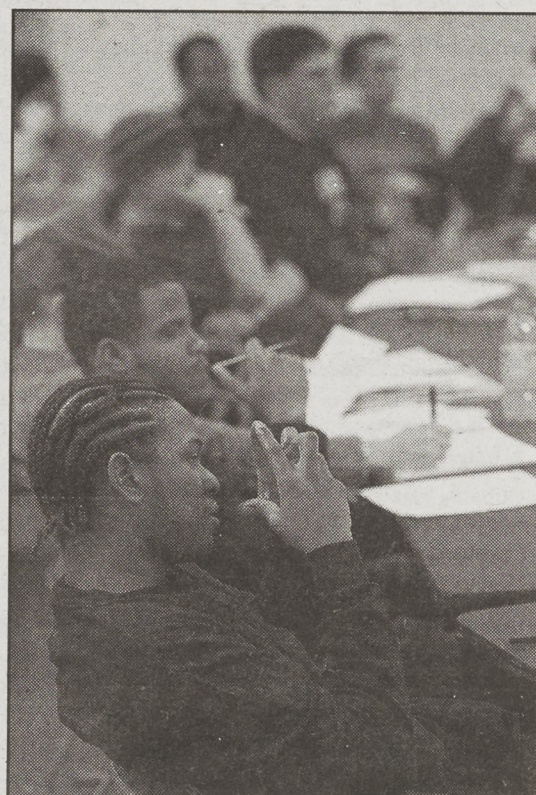
Other forms of "control" Johnson said included suggestions to restructure a branch of their organization in what Sargent said was, a more positive manner.

"RHA wanted to hold a forum where students could obtain information about campus programs and services," Sargent said. "They were calling the program 'We've Got Issues,' and I asked that the format of the program be altered so that it would be seen as more educational and positive in nature."

"RHA tried to have a forum where students could voice resident concerns and we were shut down," Johnson said. "If we brought up those concerns, God forbid, [Residence Life] would have to work on them."

Another conflict between RHA and Residence Life was a forum intended to serve the student staff of Residence Life, said Johnson.

"It is inappropriate for RHA to get involved in issues of employment," Sargent said. "If a Resident Assistant has a particular concern about his or her supervisor and do not feel comfortable addressing it with that indi-



Steve Miller | The Montclairion

SGA legislators voted yesterday to pass a bill to adopt the RHA as an organization under the SGA.

vidual, they have the opportunity to meet with Carlyle Lawrence, assistant director of Residence Life," Sargent said.

Johnson said to Sargent that the residents and student staff members did not trust them.

As an organization within the SGA, RHA will have the experience to learn on their own, free from the dominion of any administrative office, states the RHA bill.

"As a part of the SGA, RHA will be free from what I call a dictatorship," said Johnson.



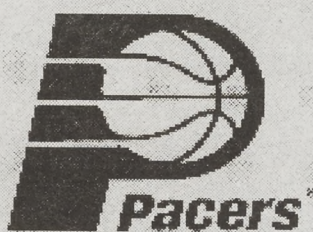
Steve Miller | The Montclairion

RHA President Pierre Johnson (right) explains the purpose of the RHA to the SGA legislators before the bill uniting the two organizations was voted upon.

Montclair State University Alumni Association HOLIDAY TICKET OFFER



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Card Number: _____

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Signature: _____

Date: _____

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Name: _____

Address: _____

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Nets vs. Indiana (12/30) _____ \$ _____ - \$ _____

Mail to: New Jersey Nets

Attn: Ken Dorsett

390 Murray Hill Parkway

East Rutherford, NJ 07073

(201) 645-3414

Deadline: Wednesday, December 22, 2004.

Tickets are subject to availability. No refunds or exchanges on tickets. Discount applies only to this game. A portion of your ticket purchase benefits the Montclair State University Alumni Association.



MONTCLAIR STATE UNIVERSITY ALUMNI ASSOCIATION

MILLION

CONTINUED FROM P. 1

students from all economic backgrounds," said Cole.

According to Thomas J. Haynes, vice president for University Advancement, the campaign will raise funds for expansions that are not covered by state support which includes scholarships.

Of the \$50 million that the campaign is hoping to raise, \$10 million will be used for undergraduate scholarships, graduate teaching assistantships and student development, said the MSU press release.

"Scholarships to support the recruitment of diverse and talented students, and fellowships for our graduate programs are among the best investments that can be made for the future," said Haynes.

"I think the scholarships will increase the number of students who will enroll at MSU," said senior English major Marisa Beagin. "A lot of students struggle to pay tuition and if the school is offering to give [scholarships], it will help further a student's education."

The campaign will also be used to fund

projects and departments such as facilities and the library, Haynes said.

According to the press release \$18 million will be used to fund ongoing projects, such as the new academic building and The Children's Center, both currently underway, and the new recreation center, still in its planning stages.

In addition, the campaign looks to raise \$10 million for faculty chairs, professorships and lectureships, \$10 million for academic programs and \$2 million for library and information technology, said the press release.

"I'm happy that a large portion of the funds are going towards academically geared aspects of the University," said senior English education major Elisa Cording. "It would be great to have more class availability. There are so many interesting courses listed in the catalog, yet many of them are rarely offered. If that means hiring more professors then I think the University should do that," she said.

BOOKKEEPER

CONTINUED FROM P. 1

said. Hudnut installed time clocks to monitor the working hours of SGA employees. Rather than taking a one-hour lunch break, Berkovich preferred to work through the mandatory lunch hour and leave work early, she said.

"My desire to leave work early in lieu of tak-

said Matt Wilder, SGA treasurer. "The decision that was made wasn't communicated effectively with the Executive Board, as it should have been."

At a farewell party held for Berkovich yesterday afternoon, students and faculty gathered to honor the eight years of service that she provided the SGA.

"Losing [Berkovich] is not in the best interest of the SGA," said Orville Morales, president of the Latin American Student Organization, a Class I organization of the SGA. "It is commendable to see someone willing to give up her lunch break, recognizing the needs of others."

"I would like to see more smiles and a more friendly environment in the SGA," Berkovich said. Working in the office during the 2002-2003 year under Chris Fitzpatrick as president of the SGA was fun, Berkovich said.

"That is the atmosphere that workers would like to work in. Not only did we accomplish what he needed to do; we had fun at the same time," she said.

"The decision...wasn't communicated effectively with the Executive Board, as it should have been."

Matt Wilder
SGA Treasurer

ing a lunch break was due to the necessity of caring for my child," Berkovich said. "It was not because of a lack of motivation to work. I always got my job done."

"It's unfortunate that Salikha will be leaving under the present circumstances,"

SMOKING

CONTINUED FROM P. 1

ed damages, from extra cleaning to fires. These damages harm property and cost the school money, the University Health Council reports.

According to MSU Director of Judicial Affairs Byron McCrae, other state universities usually provide students in violation of the smoking policy with a warning, or place a violator on probation.

"At some institutions, a second violation will result in housing termination. We will collect information about the enforcement protocols from other similar institutions and craft sanctioning guidelines that fit MSU,"

McCrae said.

"I think [the loss of housing] is an extreme consequence," said sophomore physical education major Sophia Capparelli, a smoking resident of Webster Hall. "Does Residence Life realize how many people would lose their housing?"

Resident Assistants will be instructed to enforce the new non-smoking policy just as they are expected to enforce all others, Sargent said.

"Technically, the Resident Assistant would have to enforce [the policy]," said Teel. "But if [a resident] wants to smoke, it doesn't

matter if there is a rule or not, they're going to smoke."

Student support for proposed campus tobacco control policies is strong even among smokers. These findings should provide reassurance to college administrators who are considering adopting these policies, said a national survey taken by the Tobacco Control Group.

"Over three-quarters of students favored smoke-free policies for all college buildings, residences, and dining areas," said the TCG survey. "All policies had more support among non-smokers than smokers. Among smokers,

support for policies was inversely related to intention to quit and intensity of tobacco consumption."

"I zhzhthink it is a waste of time because people still smoke in Williams Hall when it's against the rules," said junior English major Jen Andreacio, a non-smoking resident of Williams Hall, the only current non-smoking building in The Village complex.



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Nothing to do? YEAH, RIGHT!!!!

Thurs. - 12/9
TONIGHT!

6pm

Nutcracker Trip - Off Campus

7pm

Sex Ed workshop - SC 417

7pm - Hafla Arabic Party - SC Ballrooms A/B

7pm - Open Mic - SC Ratt

8pm - "The Twilight of the Golds"

Players Drama - Fox Theatre

Fri. - 12/10

7pm - End of the Semester Dinner
Kopps Lounge

8pm - "The Twilight of the Golds"

Players Drama - Fox Theatre

9pm - Red Hawk Night - Student Center

Sat. - 12/11

2pm - "The Twilight of the Golds"

Players Drama - Fox Theatre

7pm - Christmas Party - SC Dining Room

8pm - "The Twilight of the Golds"

Players Drama - Fox Theatre

Mon. - 11/15

8pm - "The Twilight of the Golds"

Players Drama - Fox Theatre

Celebrity Comics Bring Down the SC

Comediens from Comedy Central Perform Live During College Humor Tour

Douglas McIntyre
Staff Writer

Last Thursday night Montclair State University was the host to “a kick-off event to what could be an amazing thing,” said Avi Gilbert, a producer at Relevant Entertainment. Relevant Entertainment, along with *collegehumor.com*, hosted the first show of their debut College Humor Comedy Tours in the Student Center Ballrooms. According to sophomore Jamie Drescher, Commercial Recreation major and a member of College Life Union Board (C.L.U.B.), over 100 tickets to the event were sold.

Even at 8 p.m. there was a line from the revolving doors of the SC to the Ballroom entrance with people waiting to get into the show. The show was sponsored by C.L.U.B. and Class One Concerts.

At 8:30 p.m., Drescher took the stage, introducing the first comedian, Kyle Grooms, who would emcee the remainder of the night. Grooms, who has appeared on *Premium Blend* and *Straight Plan For The Gay Man* as the “Information Guy,” began his show by commenting, “Where’s the rest of the students?” His act featured jokes about the drug problems of America and political humor.

Grooms has also appeared on *The Chappelle Show* and *Tough Crowd With Colin Quinn*. According to his act he is from New Jersey and commented on the cultural diversity of the school. Part of his act focused on gender roles. “Men, we gotta hide it. We

can’t cry...women can cry to get out of a speeding ticket.” The audience was laughing hard from the beginning of his act until the end.

Next to take the stage was Christian Finnegan, from VH1’s *Best Week Ever* and like Grooms has appeared on *The Chappelle Show*. He is notably from *The Mad Real World* as Chad, the white roommate.

He is “aware that he looks slightly like Biff from *Back To The Future*.” He shouted the word “McFly” to prove his point. He asked the audience if MSU was a party school and received minimal response. Noted lines include referring to dorms as “Eight by eight prison cells” and North Jersey as “New York Lite.”

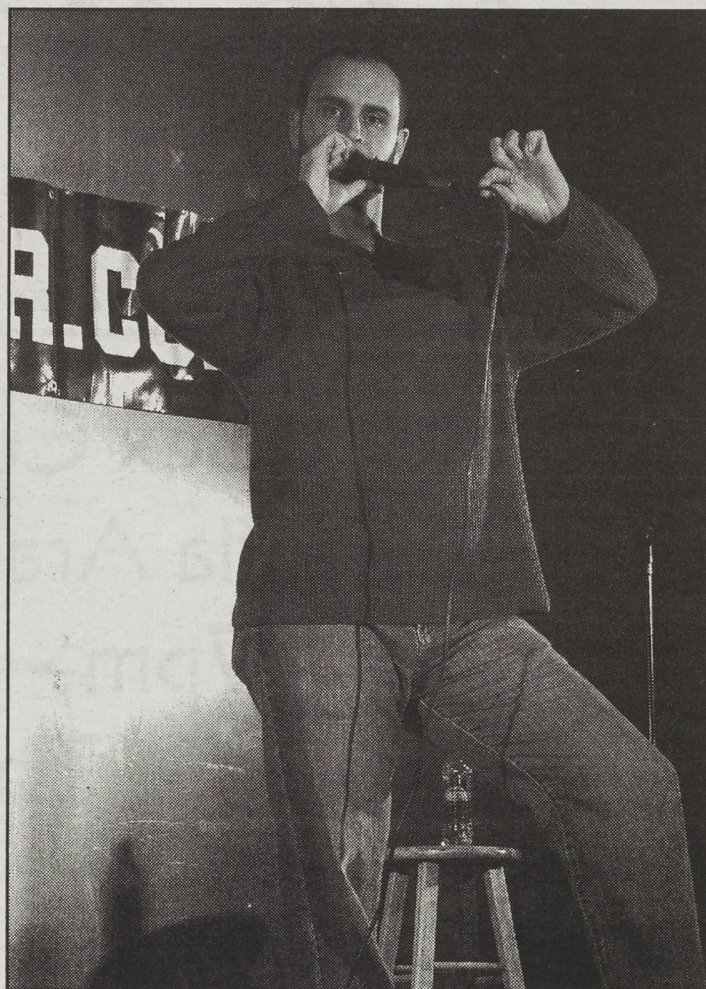
This 31-year-old New York native has also been seen on *Premium Blend*. He mentioned the chemical in turkey that makes you sleepy, but relied on the audience for its name, tryptophan. His membership to the gym is “not so much a gym membership as I pay an \$85 fat tax.” One of his first comments, however, was, “I’m going to be honest. I am hoping to sleep with one of you after the show.”

Ted Alexandro followed him. Alexandro, 34, has been seen on the *Late Show With David Letterman*, *Late Night With Conan O’Brian* and for a half-hour on *Comedy Central Presents*. He started off slowly, scanning the audience and commenting on their actions. He enjoyed commenting on the conditions of the microphone and the stage. He even picked up a pair of pliers and a piece of rope from the stage.

He quipped, “What’s it cost to go here? I’m gonna enroll.”

He was formerly an elementary school music teacher and enjoyed joking about his previous students. He used a joke common to many of his shows about his Thanksgiving dinner. In the joke, his mother would get it from Boston Market, so he used that as a source of humor. “Look, I’ve been eating here a long time. I don’t need this kind of attitude.” His material has been seen on the Comedy Central cartoon *Shorties Watching Shorties*, and he appeared as an inmate on one episode of *Oz*.

Finishing out the night was Todd Barry, also seen on *Late Show With David Letterman*, *Late Night With Conan O’Brian*, and the voice of Romulox on *Aqua Teen: Hunger Force*. He used the presence of a photographer and reporter from *The Montclarion*



Dominique Wilson | The Montclarion

Comedian Ted Alexandro was one of four professional comics who performed at the College Humor Tour’s event last Thursday.

to poke fun at the newspaper. He liked that you can read the books in Barnes and Noble

SEE ‘COMEDY’ P. 8

Final Frustration

Losing The Anxiety Over Your Exams

Dr. Rob Gilbert
Department of HPPERLS

Here’s a horror story: You study. You study like you’ve never studied before. You confidently walk into the classroom knowing everything. You sit down to take the test. You start answering the questions. You freeze. You block. You forget.

You turn in your exam totally frustrated. You know you’re going to get a bad grade. As soon as you leave the room, all the answers you forgot come right back to you.

What happened? In sports, it’s called choking. In theater, it’s called stage fright. In school, it’s called test anxiety. I want to make sure this never happens to you.

When you study, it’s like filling up your mental filing cabinet with information and ideas. When you take exams and you’re too nervous, you lock the file cabinet and can’t get to its contents. In other words, the answers to the questions are locked up in your head.

Why would you do this to yourself? Here’s an explanation...

Every time you take a quiz, test, or final exam, it’s important. After all, you’re being graded and your grades matter, so it’s important that you do well.

What causes this excess nervousness? There’s nothing wrong with taking your exams seriously. The problems start when you make them special - when you start saying things to yourself like, “The rest of my life depends on how I perform on this test.” Thoughts like that create excess anxiety and lock your mental filing cabinet.

After former president Clinton had a successful quadruple bypass operation, his

team of surgeons was interviewed. One of the doctors said that they treated Clinton just like any other patient.

In other words, Clinton’s operation was important but not special. Top surgeons - just like top athletes, top actors, and top students - know that as soon as you start treating something as ‘special,’ your performance will suffer dramatically.

Students make their exams special by telling themselves things such as, ‘This is it.’ ‘It’s now or never.’ ‘It’s do or die.’ ‘There’s no tomorrow.’ These are 14 killer words. Never use them. They only add stress and will make your performance on the exams worse.

Melissa Sapio graduated from Montclair State University in 2001 with a perfect 4.0 grade point average. When asked what she thought about at the beginning of an exam, she said, “I wasn’t evaluating how I was going to do. I was just focusing on the first question.” Great advice! Melissa focused on the *process* and not the *product*.

You need to do the same thing. Focus on answering the questions. Don’t focus on trying to figure out your grade. Suppose you’re an actor. How well will you perform on opening night if all you can think about is how the critics will rate your performance?

Question: What’s the one most important question on any exam?

Answer: The one you’re answering *right now*.

Do you need a little more motivation? Call Dr. Gilbert’s Success Hotline at (973) 743-4690. Recorded messages are available at all times and new messages every day at 7:30 a.m.

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Shyness Can Hinder Personal Happiness

Last Chances with The Girl of Your Dreams, Or Your Best Friend's Heart

Dear G.M.,
There's a girl in my class that I've been really interested in all semester, and I've never had the guts to say anything. Now that the end of the semester is here, I'm running out of time. How do you think I should go about this situation?

~L.L.~

Well, if you're going to act, you better do so now. The clock is ticking, and while you may have the opportunity to run into this girl on campus next semester, the chances of striking up a conversation with her aren't great. However, you can't be blamed for not initiating anything before now.

If you asked her out to dinner or just to hang out, and she rejected you, it could have made for a very uncomfortable semester. Even if the first few dates went well, there was always the potential that something could have gone wrong, and who wants to be forced to sit in a classroom with someone for the next 16 weeks? But now there are no more excuses!

At this point, you've got nothing to lose. If she rejects you, then you probably won't ever have to see her again, and as devastating as rejection can be, it's only painful and embarrassing for a little while. Then you pick up the pieces and get back out there. However, that's the worst-case scenario.

My suggestion is that you approach her

during your final class. You don't want to wait until the final exam because you probably don't want to stress yourself out gauging how long it will take for one or both of you to finish. You should be focusing on your final, not this girl.

Strategically time it so that both of you are leaving the class at the same time on the last day. Find a way to initiate conversation, whether it be about your final or some aspect of the class. Anything you can think of, use. This is your last opportunity. After you strike up conversation, ask her if she wants to join you for coffee or lunch or even if she wants to study for the final with you.

At this point, she'll have to either say that sounds great or that she's really not interested. Exchange numbers accordingly. I imagine you know the shtick after this.

There's nothing to lose in this situation. If she makes some pleasant excuse to blow you off, then you'll only have to see her one more time, but if she's been feeling the same for the entire semester, this is the perfect time to make a love connection. You may be giving yourself an early holiday present. Happy Holidays! Take a risk.

Dear G.M.,
I've recently realized that I'm in love

with my best friend. It really came to me as an epiphany. I've never felt like this before, and now suddenly I have all these crazy feelings for him. Whenever we hang out, he's acting the same, and I'm acting all nervous and like I'm crazy. He keeps making jokes about it, but I'm starting to feel foolish. The worst part is he's kind of seeing this girl. It's nothing serious, but I feel like I shouldn't say anything because of it. Will this ruin our friendship if I tell him how I feel?

~I.R.~

You are now able to join the legions of best friends of which one or both have fallen in love with the other. Your scenario is not uncommon, and frankly, it's completely understandable.

When you are highly emotionally connected to someone, the lines of friendship and sexuality have the explosive potential to become blurred. When you think about it, the most productive relationships are nothing more than best friendships with a whole lot of lust thrown into the mix.

My advice may seem risky, but I really believe in putting yourself out there. Tell your best friend how you're feeling. He's not in a serious relationship. Chances are she wouldn't have as much respect for you if she were in your position.

If you sit back and wait, he may very well become attached to this girl and end up seriously dating her. The worst part is that you're going to have stand by and pretend that you're happy for him as his best friend.

He'll come to you for all sorts of relation-

"Dating a best friend is risky business, but it also has the potential to be the most fulfilling relationship you've ever had."

ship advice and you're probably not going to give him the best kind because you want him. So, just get it out in the open. Tell him exactly how you feel.

This guy is your best friend. It may be an uncomfortable moment if he doesn't feel the same, but I doubt he's going to turn his back on you because of it. No one would hurt their best friend intentionally if it could be helped. I imagine he's going to be gentle.

Best-case scenario: He feels the same and doesn't have the guts to say anything because he never thought you feel that way. You don't want to end up at his wedding watching him marry someone else because you were afraid of disturbing your friendship. Dating a best friend is risky business, but it also has the potential to be the most fulfilling relationship you've ever had.

I'm here to answer your questions. If you have a dilemma like the ones above, I'm at your service. Just e-mail me at Montfeature@yahoo.com with the title 'Attention G.M. Grosso.' I look forward to hearing from you.

Avoid Indigestion

Steps to Prevent Overeating Hazards

James Carpentier
Staff Writer

Were you still feeling the after-effects the days following the recent bountiful Thanksgiving Day dinner? Perhaps you stuffed yourself on the delicious stuffing and indigestion resulted a few hours later. And, in a few weeks, it's back to holiday feasting with Christmas, Hanukkah, Kwanzaa, and New Year's Eve celebrations.

It is no wonder waistlines expand, pounds increase, and perhaps worst of all, that uncomfortable feeling of indigestion follows after consuming loads of 'comfort' food.

But before you reach for the nearest over-the-counter antacid to counter acid reflux or the disease called GERD (gastroesophageal reflux disease), Ted Mitchell, health columnist in *USA Weekend* magazine's Nov. 28 issue offers these guidelines:

- Don't eat large meals or late at night. Eating a large meal late at night creates more reflux, especially when you lie down at bedtime before the meal is completely digested.

- When you go to bed, make sure you raise the head of the bed by about six inches (put wooden blocks under the bed frame or use a wedge under the mattress at the head of the bed). This small incline prevents food and gastric acid from coming up from the stomach.

- Avoid tobacco, smoked or smokeless, as it aggravates acid reflux.

- Pay attention to food culprits that may have contributed to digestive problems such as heartburn, or regurgitation, for you in the past, such as spicy foods and alcoholic beverages.

- To soothe a bad case of heartburn, try



Photo courtesy of exn.ca

Overeating during the holiday season can lead to regrets.

over-the-counter antacids that will neutralize acid that has already formed in the stomach and can relieve indigestion symptoms.

- However, for chronic heartburn or repeated episodes of indigestion, definitely make an appointment with your physician to pinpoint the cause or causes of the problem.

If you do overindulge during the holidays, keep the above tips in mind and as always: chew your food thoroughly and enjoy it. Don't rush meals and do have smaller portions or smaller meals throughout the day instead of eating one or two large ones.

Taking a walk or getting up and moving around after a big meal (instead of sitting at the table or watching TV for a lengthy period after the meal) can also aid digestion (and help burn off those calories so you prevent weight gain).

Above all, don't deprive yourself of those traditional holiday meals of your ancestry. Food nourishes and brings family and friends together for special times. Try to eat sensibly and follow the above guidelines during the holidays and year round to prevent digestive problems.

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COMEDY

CONTINUED FROM P. 6

and no one cares much. He even poked fun at the "Staff Recommended" shelf. "I just made fun of a fictitious stock boy."

This 40-year-old graduate of the University of Florida grew up in the Bronx. He too has had a half-hour segment on *Comedy Central Presents* and you can also find him on *MySpace.com*. At one point, after improvising for a little bit, he quipped, "I learned a new phrase here tonight, 'off the cuff.' I'm going to use that in my next term paper."

Soon, he plugged in his own CD, and then finished by toying with the spotlight operator and talking about his final for five minutes, until finally ending it on smoking, in that he would allow women to smoke in his apart-

"I'm going to be honest. I am hoping to sleep with one of you after the show."

Christian Finnegan
Comedien

ment, but not men.

Relevant Entertainment was approached by *collegehumor.com* and was eager to set up the show. Relevant producer Nick Bayne sets up the national college tours and plans to continue to next semester and further if possible. Julie Kraut of *collegehumor.com* and co-producer at Relevant Entertainment assures it will get "bigger and better."

Over 150 people attended the event, which was one of the first of its kind at MSU. Some comedians, like Kyle Grooms got a better response than others, such as Christian Finnegan, but all were enjoyable.

Start Shopping Like A Pro

Tricks to Save Time and Money During The Holiday Season

Alicia Fegghi
Staff Writer

Santa told me that Montclair State University's students were extra good this year. As an early holiday present, here is a holiday shopper's survival guide. It will fully equip you to enjoy the season to the fullest.

1. Stay healthy. On the night before the holiday, would you rather dream of sugar plums dancing in your head while sleeping soundly under the covers or feel sick? To avoid the sniffles, wash your hands.

Think about all the shopping you will do. You will open doors from store to store, grab a shopping card used by many people, select gifts that have fingerprints all over the box, pay for your purchases with dirty money (do not let the shiny George Washington fool you), and exit the store. Another way to avoid the common cold or flu is to keep your hands away from your mouth, nose, and eyes.

2. Thrifty Spending. Now that you are a healthy holiday shopper, you can shop until your legs fall off. But don't fall for the hype of gift giving just yet. If you don't want those last-shopped for loved ones to receive loose change or coal because you ran out of money or ideas, create a shopping list. Set up a price range you want to spend and the type of gift you want to buy for someone.

3. Online Shopping. Research online before purchasing and compare prices, whether you are shopping in stores or on the Internet. When shopping online, order at least two weeks before Christmas. Otherwise, you will have to pay extra shipping charges, and sometimes-costly overnight fees.

4. Shop Early. Not only will you have more time to browse, but you'll feel less pressure to buy last-minute gifts. Even though last-minute shopping offers bargains, you may end up buying anything that is on sale because you feel rushed. Inside your shopping bag may be poorly thought-out gifts because the better items were sold out weeks ago.

5. Avoid Crowds. Monday's shoppers are inspired by Sunday ads, and Thursdays and Fridays can be hectic. Don't even enter the mall on weekends. You may actually get a chance to sit on Santa's lap Tuesdays and Wednesdays.

6. Use Gift Cards. They are easy to buy and they stick to a dollar amount. Restaurants, video rental, book, music, and clothing stores are among the many places that sell gift cards.

7. Be Creative. You do not have to spend a lot of money to give the "perfect gift." After all, when coming from someone that you care about, almost any gift, despite its monetary value, is special.

Magazines like *Crafts 'N Things*, channels such as Home and Garden Television and websites such as www.kidsdomain.com/

holiday are good sources for ideas. You can also offer the gift of time to baby-sit, bake a cake or cookies, or make a picture collage or clean the house.



Photos courtesy of spring.net

8. Make Your Own Cards. Can't find a greeting card that expresses exactly what you want to say? Make your own by pasting on clip-art, ribbons, and pictures of you and your receiver. Then sprinkle glitter or holiday confetti inside the card for a surprise.

Don't forget to put your trademark symbol on the back of the card. When your card is displayed among others, it will definitely stand out. Priceless.

9. Send Letters. Dec. 21 is the last day you can send a U.S. Postal Service priority mail package to arrive by Christmas. Do not procrastinate when sending gifts, unless you enjoy waiting in long lines and having your presents arrive late.

10. Keep Track of Spending. Save your receipts and shopping list. If you are satisfied with the amount spent, then you will "have yourself a merry little Christmas" for next year and the years to come!

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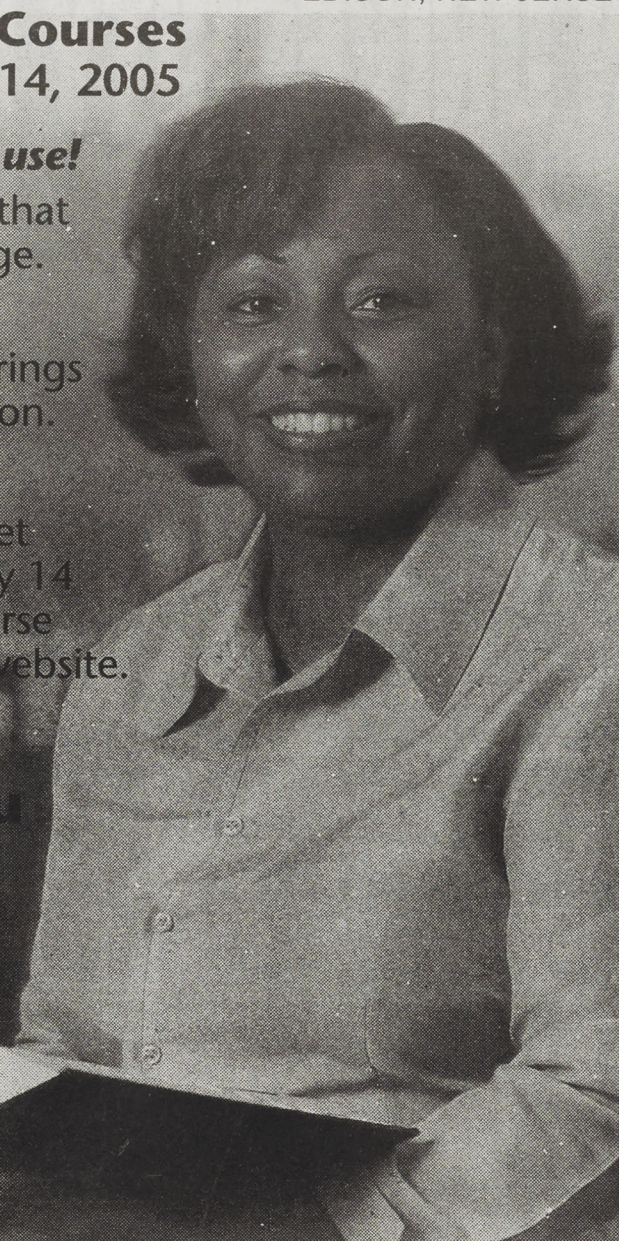
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CALL #	CATALOG#	NOTE	LOC	DAY(S)	TIME
BIO 103 – BIOLOGY OF PEOPLE & THE ENVIRONMENT – 4 CREDITS					
11609	BIO 103 200		CR	MTWR	0900AM-1245PM
BIOL 103 – BIOLOGY OF PEOPLE & THE ENVIRONMENT LAB – 0 CREDITS					
11617	BIOL103 200		CR	MTWR	0100PM-0430PM
BIOL 290 – INDEPENDENT STUDIES (BIOLOGY) – 1 TO 4 CREDITS					
	BIO 290 201	I	CR	TBA	-
	BIO 290 202	I	CR	TBA	-
	BIO 290 203	I	CR	TBA	-
	BIO 290 204	I	CR	TBA	-
BUS 101 – INTRODUCTION TO CONTEMPORARY BUSINESS – 3 CREDITS					
11785	BUS 101 200		CR	MTWR	0830AM-1215PM
11787	BUS 101 277	T	CR	TBA	-
BUS 105 ORGANIZATION & MANAGEMENT – 3 CREDITS					
11788	BUS 105 277	T	CR	TBA	-
BUS 208 – PRINCIPLES OF MARKETING – 3 CREDITS					
11786	BUS 208 277	T	CR	TBA	-
ECO 201 – PRINCIPLES OF ECONOMICS I – 3 CREDITS					
11434	ECO 201 200		CR	MTWR	0830AM-1215PM
ECO 202 – PRINCIPLES OF ECONOMICS II 3 CREDITS					
11435	ECO 202 200		CR	MTWR	1245PM-0430PM
ENG 101 – ENGLISH COMPOSITION I – 3 CREDITS					
11761	ENG 101 200		CR	MTWR	0900AM-1215PM
ENG 102 – ENGLISH COMPOSITION II – 3 CREDITS					
11762	ENG 102 200		CR	MTWR	0900AM-1215PM
	ENG 102 201		CR	MTWR	1000AM-0145PM
ENG 128 – DYNAMICS OF COMMUNICATION – 3 CREDITS					
	ENG 128 200		CR	MTWR	1245PM-0415PM
ENG 129 – PUBLIC SPEAKING – 3 CREDITS					
11763	ENG 129 200		CR	MTWR	0900AM-1215PM
FIA 105 – MUSIC APPRECIATION – 3 CREDITS					
11317	FIA 105 200		CR	MTWR	0830AM-1215PM
GEY 101 – PHYSICAL GEOLOGY – 4 CREDITS					
10478	GEY 101 277	T	CR	TBA	-
GEYL 101 – PHYSICAL GEOLOGY LAB – 0 CREDITS					
11640	GEYL101 200		CR	MTWR	0110PM-0430PM
GEY 121 – PHYSICAL GEOLOGY – 3 CREDITS					
10479	GEY 121 277	T	CR	TBA	-
HIS 101 – INTRODUCTION TO WESTERN CIVILIZATION I – 3 CREDITS					
11436	HIS 101 200		CR	MTWR	0830AM-1215PM
HIS 102 – INTRODUCTION TO WESTERN CIVILIZATION II – 3 CREDITS					
11437	HIS 102 200		CR	MTWR	1245PM-0430PM
MAT 117 – AN INTRODUCTION TO MATHEMATICAL IDEAS – 3 CREDITS					
10957	MAT 117 200		CR	MTWR	0830AM-1215PM
MAT 119 – ALGEBRA – 3 CREDITS					
10958	MAT 119 200		CR	MTWR	0830AM-1215PM
PED 101 – CONCEPTS OF ADULT FITNESS – 2 CREDITS					
10959	PED 101 200		CR	R	0800AM-1200PM
PED 107 – DECISIONS FOR WELLNESS – 3 CREDITS					
10961	PED 107 277	T	CR	TBA	-
PED 110 – BEGINNING GOLF – 1 CREDIT					
10962	PED 110 200		CR	R	1200PM-0400PM
PED 290 – INDEPENDENT STUDY IN FITNESS & WELLNESS – 1 to 4 CREDITS					
10968	PED 290 201	I	CR	TBA	-
10969	PED 290 202	I	CR	TBA	-
11631	PED 290 203	I	CR	TBA	-
	PED 290 204	I	CR	TBA	-
PSY 101 – GENERAL PSYCHOLOGY – 3 CREDITS					
10970	PSY 101 200		CR	MTWR	0830AM-1215PM
PSY 102 – PSYCHOLOGY OF PERSONALITY – 3 CREDITS					
11765	PSY 102 200		CR	MTWR	0830AM-1215PM
PSY 205 – CHILD PSYCHOLOGY – 3 CREDITS					
10971	PSY 205 200		CR	MTWR	0830AM-1215PM
SOC 101 – PRINCIPLES OF SOCIOLOGY – 3 CREDITS					
11481	SOC 101 200		CR	MTWR	0830AM-1215PM
SPA 101 – BEGINNING SPANISH I – 3 CREDITS					
	SPA 101 200		CR	MTWR	0900AM-1230PM
SPA 102 – BEGINNING SPANISH II – 3 CREDITS					
	SPA 102 200		CR	MTWR	0900AM-1230PM

Courses marked T are Telecourses, I are Independent Study.

January 7 and 14, 2005 are make-up days for winter session
If demand requires, additional sections may be added.

For the most current information, visit the counseling office on any campus or online at www.ucc.edu

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Destiny's Child's Half-Hearted Reunion

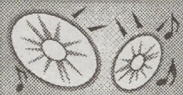
Beyonce and Company's Lyrical Love Fest Is Musically Unfulfilling

Michael T. Martin
Assistant Arts & Entertainment Editor

Destiny Fulfilled

Destiny's Child
Sony Music

★★★



Destiny's Child (DC3) excels at the pumped-up dance track, like the kiss-off songs, "Say My Name" and "Survivor." However, on their latest album, *Destiny Fulfilled*, Beyonce, Kelly, and, uh, Michelle, make a significant mistake - they fall in love, and the music falls apart. On the bright side, the bookend tracks of the album are keepers.

"Lose Your Breathe" blasts off the album with a rush of adrenaline. The Rodney Jerkins-produced song speeds through from beginning to end like a runaway train. The innovative inclusion of a drumline beat keeps time during the song's orchestra hits, and the group's smooth falsettos are in pleasing contrast to the hard beat.

Equally as energetic is the next single, "Soldier." While the song is a shameless attempt to assert some street credibility - it capitalizes on Beyonce's relationship with rapper Jay-Z - it is catchy and danceable. The rap verses in the song, by T.I. and Lil' Wayne (why is anyone from Cash Money still employed?), are simply filler and the song would be tighter without them.

Be advised to skip the next five songs.

Although they are supposed to be ballads, don't rely on them to get you in the mood for love - if anything, they'll just give you a headache.

Besides the incoherent mixture of trite lyrics and slang, the songs are overly produced, with drum machines, random sounds and erratic melodies - on "Cater 2 U" and "Is She The Reason," the group sings each line as if holding a note for more than two beats is a criminal offense. In DC3 tradition, Beyonce's voice is dominant in the harmony, but her voice becomes grating after a while, especially if the songs aren't well composed.

The songs themselves aren't horrible on their own - the tunes can sneak into your head unexpectedly - but strung together, they are nothing short of mind numbing; you begin to feel like you'd have a more pleasurable musical experience listening to a vacuum cleaner suck up baseball dirt.

"If" provides a welcome variation in sound. The group *finally* breaks it down and provides a genuine groove. The soothing harmonies and intermittent pianos are literally an antidote to the jolted mess that precedes "If." Once again, though, the group sings as if the tape in the studio is going to run out, and the song is short-

changed. "If" isn't the classic it pretends to be, with its cliché background record scratch, but it'll do.

On "Free," the trio really gets it right. It's all about being happy outside of a



Destiny's Child (from left to right: Michelle Williams, Beyonce Knowles, Kelly Rowland) attempt to rekindle their past success.

courtesy of VH1.com

SEE 'DESTINY' ON P. 11

PS2's Killzone Disappoints

Jose Ortiz
Sports Editor

I can't deny the heart-pounding excitement that filled me as I mowed down villains in the Guerilla Games' *Killzone*. Playstation's attempt at a top-rated first-person shooter. However, after I played a few levels, killed hundreds upon hundreds of drones with the cumulative AI of a set of dominoes, and followed a redundant storyline, I was left feeling like the orphan Oliver, asking, "Please may I have some more?"

In the game's storyline, Earth has moved into the future and expanded into other solar systems, colonizing planets and stars. However, at some point during this planetary expansion, humanity split into two major factions. There is the ISA, the upstanding humans, and the exiled Helghasts. The Helghasts settled on an uninhabitable planet that altered their appearance. Hardened and strengthened by an existence plagued with peril, they have taken up arms and are now marching to reclaim their territory and destroy the ISA.

The introduction explains this in a well-orchestrated opening cinematic sequence. After viewing it, I waited to see an all-out war - a battle for supremacy, but was instead given a skirmish at best.

The game begins with the player as Templar, a decorated ISA soldier, who is a typical video game grunt. As you advance through the game, Luger, Rico, and Hakha



courtesy of konsolen-world.de

In *Killzone*, the war against the Helghasts takes the player through a variety of terrains.

join in the war. Luger is a female assassin; Rico, the group's heavy gunner, and Hakha, a Helghan traitor.

There are no advantages to playing a particular character because the makers didn't have the foresight to create levels better suited for one character or another. After playing through a few levels I quickly found the same problem I've always had with first-person shooters: they are all the same. If you want to beat the game quickly, you may as

well choose Rico and just aim straight. There is no room for stealth in the game, thus making it pointless to play as Luger.

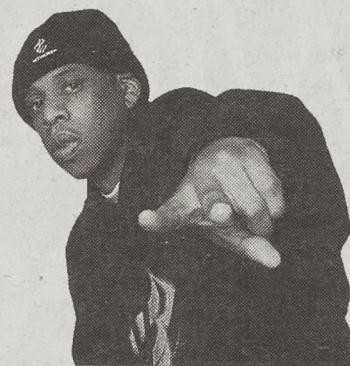
However, what impressed me about the game was the unbelievable graphics and artwork. The trenches looked and functioned as trenches. Each scene is drawn to fine detail leaving nothing desired. The artists succeeded in their illustration of futuristic buildings, as well as in the wide variety of guns that spit bullets in favor of clichéd laser or plasma.

The sounds of Helghast commanders shouting orders, machine gun bullets

SEE 'VIDEO' ON P. 11

Big Year For The Jigga

Kadijah Basir
Arts & Entertainment Editor



courtesy of migente.com

Well, well, well. It has come to the end of another exciting year, full of thrills, scandals and some heartache.

We have gathered much; we have gained some great new entertainers, as well as lost some of our favorite leaders in entertainment. In 2004, the media was slammed by young teen queen Hillary Duff's rival Lindsey Lohan.

She came out this year with two movies, including a break-out role in *Mean Girls*. She even came out with her own album *Speak*, acting like a Britney Spears wannabe, which doesn't say much in her favor considering Britney is at her worst this year.

The presidential election this year left us all Republican red. It also gave us bloodshed - but that's a whole other story. Baseball also had everyone at the edge of their seats as the Red Sox took all the glory.

With all this and more throughout the year, I had to evaluate the best in '04. It could have been the unstoppable music maker Usher, since we have heard his music constantly from January to December. It could be the great talent Jamie Foxx who released *Collateral* with Tom Cruise, came out with the Oscar-worthy performance as Ray Charles in the movie *Ray*, and collaborated with rapper Kanye West and Twista for the song "Slow Jams." But there are just few people that can put on a show by having others entertain for them. This year, one brilliant person did this so successfully and also achieved great things most artists found impossible for someone in his position.

This person, one of the greatest in hop-hop history, taught us to take charge. This man produced an array of musical hits. Even though he has retired, he is not gone by a long shot. He collaborated with the hottest rock group out this year, Linkin Park, as well as produced music we love to jam to in memory of '04.

The man came out with a film called *Fade to Black* about his concert and album. He also has been named the president of Def Jam records, one of the hugest marks for a hip-hop entertainer ever! He is known for his relationship with "the hottest chick in the game," Beyonce. He is a legend and leader, a genius who came from humble beginnings to the accomplished man that he is. Jay-Z, in my opinion, is THE ENTERTAINER OF THE YEAR!!

ENTERTAINER OF THE YEAR 2004 : JAY-Z

KILLZONE / PS2				Rating out of 10
Graphic Art and Sound	Game Play and Control	Plot and Story Line	Overall Fun	Rating
9	6	7	8	7.5

Strong Ensemble Elevates *Everwood*

Dennis R. Anderson
Assistant Copy Editor

In the three seasons that The WB's *Everwood* has been on the air it has done an amazing thing. Sure, the show, at its core, is about the struggling father-son relationship between Andy (Treat Williams) and Ephram (Gregory Brown), but the marvelous thing it does is constantly give the viewer side-characters that we *actually care about*.

During the first season, the excellent writers developed an interesting will-they-date-or-won't-they-date relationship between the show's central teenage characters Ephram and Amy (Emily VanCamp).

The problem: Amy was already involved in a relationship with one of her classmates, Colin (Mike Erwin) then in a coma. While most fans were rooting for Ephram and Amy to hook up, there was also sympathy for the coma kid that was the other leg of their love triangle.

When Colin got out of his coma he was *still* a compelling character. Everyone watched to see what the angry non-comatose Colin would do.

Additionally, Amy's brother Bright (Chris Pratt) was originally introduced as a two-dimensional womanizing mean kid. But the writers realized their error and soon the character was an exciting feature on the show, as a pal to Ephram and a still womanizing, but now frustrated teenager repeating his senior year, trying to do well the second time.

When Bright only managed to get into a community college, viewers were absolutely inclined to feel bad for him after he had worked so hard.

Bright has truly lived up to his name, being the most energetic character in the show's cold, lethargic Colorado town.

Last season, *Everwood* brought us *two* more great characters. First there was Linda Abbott (Marcia Cross), sister to Andy's sometime rival Harold (Tom Amandes). Linda was a good character just as a love interest for the widower Andy. Then we discovered that the doctor had HIV and that she and Andy *could* never get as close as they wanted.

Eventually, Linda got her brother in trouble when he could no longer be insured with his sister employed by him. It was a pity that unemployed Linda had to leave so soon (Cross left the show to camp it up over on *Desperate Housewives*) but like the time the writers killed off Colin, it demonstrated that the show knows how not to spoil a character being around after their sell-by date.

Last season they also introduced Madison (Sarah Lancaster), the college-attending nanny of Andy's daughter Delia (Vivien Cardone). Madison turned out more than anything to be a love interest for Ephram. This was an interesting romance since Ephram is an underage



courtesy of epguides.com

The Brown and Abbott families of *Everwood* gear up for a third well-acted season.

high schooler.

Viewers watched as Andy dealt with the relationship and the fact that Ephram was ready to have sex with his paramour. This recurred later in the season's great cliff-hanger when Madison revealed to Andy that she was pregnant with Ephram's child and unbeknownst to Ephram, Andy forced her out of town.

Hopefully Lancaster will return sometime this season now that her CBS show *Clubhouse* is likely cancelled, but even if she doesn't, Madison's presence is still felt as Andy must deal with keeping such a massive secret from his son.

This season on the show has been no exception for good new characters. Over the summer, when The WB announced Scott Wolf and Anne Heche were joining the cast, the show's fans let out a hefty groan.

They were bringing Wolf, a former whiny teen from *Party of Five* and Heche, a celebrity known more for her off-screen exploits rather than her on-screen work.

And yet the casting department wasn't as crazy as they seemed. Wolf's Dr. Jake Hartman, Heche's Amanda Hayes, and lesser-known Sarah Drew's Hannah are excellent side-character additions.

Wolf's chipper doctor seemed irksome at first as the new medical rival in town to now professional partners Andy and Harold. But more importantly, he looks to be a more personal rival for Andy as he gets closer to Nina (Stephanie Niznik), still waiting for best pal Andy to notice her in romantically.

Meanwhile, as Andy continues to be oblivious to Nina, he does grow closer to Amanda. Again though, the show has one of those slightly taboo relationships forming between the two. Heche's character is an

adult version of Amy at the beginning of the show. She is starting to fall for good doc Andy, a problem since he is treating her catatonic husband.

Then there's Drew's Hannah who is a perfect addition to *Everwood's* teen scene as a new best friend for Amy. While Ephram has had Bright to confide in, Amy has been devoid of any friends with enough brain cells to carry on a conversation.

We've been able to see more into Amy's psyche through her conversations with Hannah, like when the two recently discussed Amy's readiness to have sex with Ephram.

Furthermore, Hannah has an excellent background of her own. Originally, the girl claimed to be studying with family friend Nina because her parents were in Hong Kong.

An episode earlier this month, however, revealed that, in fact, Hannah's parents were still living in her hometown but Hannah had left, no longer able to deal with her dying father.

Sure, Brown's Ephram and Williams' Andy are the phenomenally acted heart of the show, but it's the à la carte of characters that put *Everwood* in TV's upper-echelon of ensemble casts.

VIDEO

CONTINUED FROM P. 10

hammering against metal walls while ducking behind a drain pipe, and watching bullets fly over Templar's head made this game quite entertaining at times.

My fun was halted only by cheap deaths caused by slow frame speed; I would turn to shoot an incoming Helghast and by the time I could get the aim centered I was already dead, with a long reload process to boot. Although the cinematic scenes peppered throughout the game were rich in design and of fine quality, the game's plot made them nothing more than a mask of monotony. While at first it seemed as though I was getting new objectives, I quickly realized that they were all inherently the same: Kill everything and everyone. After the campaign mode is defeated, multiplayer begins. The multiplayer is the normal split-screen style, and aside from the slow frame movement, it can be quite fun.

Despite its flaws, I'd say that this is a game that kept me entertained. The impeccable graphic design, combined with cool machine gun sounds and plain killing-bad-guys-entertainment made up for its lack of versatility and ultra simplicity. I would say this game definitely did not live up to the hype but is a decent game worth owning once it gets down to the \$20 range.

DESTINY

CONTINUED FROM P. 10

relationship. From start to finish, there's a contagious feel-good vibe.

"Through With Love" is the emotional center of the album. Producers Mario Winans and Beyonce contrast the drum machine with a twinkling piano. The lyrics, about leaving an abusive relationship to find spiritual fulfillment, are simple, yet the most original and poignant of the entire album. DC3 sings, "My esteem has gone down/You never want to take me out/You make me feel dumb and alone/I don't know, where to go/I'm through with it!" DC3 drops any faux-poetic or street pretense and ends up finally keeping it real.

Appropriately, gospel singer Michelle's verse segways into the proclamation, "I found a new love/I finally found it in God." Between this song and "Free," it's clear to see that, if

they wanted to, Destiny's Child could be an inspiring contemporary gospel group. Surprisingly, Michelle, the newest member, holds her own against founding members, Beyonce and Kelly. Furthermore, the subtle rasp in her vocals is a welcome relief from Beyonce, whose voice has been polished into monotony.

On *Fulfilled*, the songs make a progression from the club to love to break-up to God. If there is another Destiny's Child album, they should stick to their sentiments on "Through With It" and forget about love.

As evidenced by *Fulfilled*, the music is most lively when they are in the club or taking us to church - they'd do best to skip everything in the middle. That goes for the listeners of *Destiny Fulfilled* as well.

ARTS Calendar

Movie Releases



Ocean's Twelve

Dir. Steven Soderbergh
Starring George Clooney,
Brad Pitt, Matt Damon, Julia Roberts



The Life Aquatic with Steve Zissou

Dir. Wes Anderson
Starring Bill Murray,
Owen Wilson, Anjelica Houston

Album Releases

Rock



Eric Clapton
Sessions for Robert J

Hip Hop



Ludacris
The Red Light District

Concerts & Theater

Thursday 9

Clay Aiken - Theatre @ MSG
The Wailin' Jennys - Satalla
Keller Williams - Starland Ballroom

Friday 10

Z100 Jingle Ball: Destiny's Child,
Maroon 5, Good Charlotte - MSG
Hall and Oates - Theatre @ MSG

Saturday 11

Screaming Orphans - Tir Na Nog
Lars Frederiksen & The Bastards -
Irving Plaza

Sunday 12

Tsunami Bomb - Starland Ballroom
The Loved Ones - Knitting Factory

Monday 13

Odean Pope - Blue Note
Action Action, Bayside -
The Continental

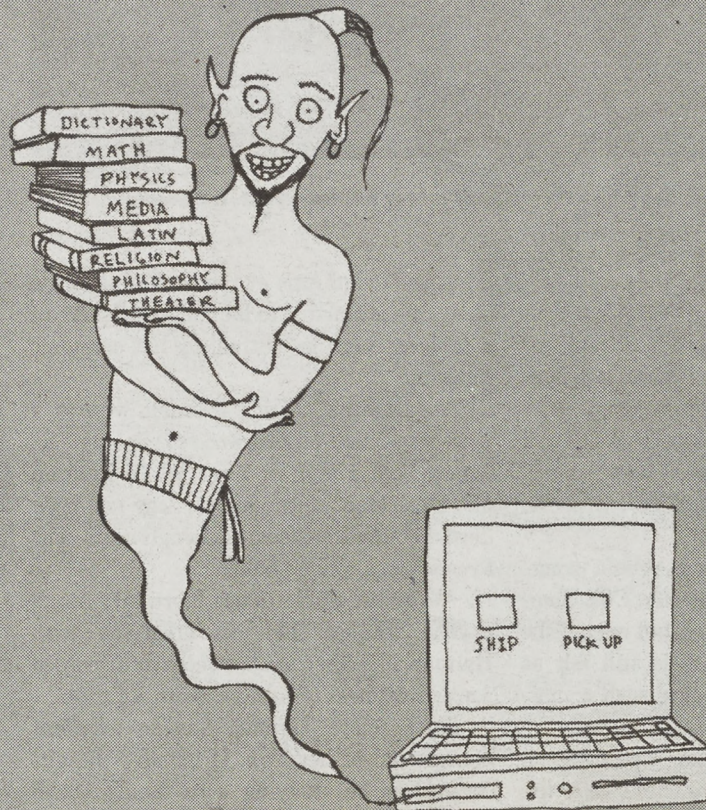
Tuesday 14

MTV2 Headbangers Ball - Irving Plaza
Kevin Spacey as Bobby Darin -
Lincoln Center

Wednesday 15

Roots Rock Rebel - Kenny's Castaways

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Left Out in the Cold



Koren Frankfort | The Montclarion

Oh, the sorrows of being a smoker; this week, Montclair State University announced their plans to ban smoking in *all* residence facilities, The Village and the Clove Road apartments included. This is more bad news for the bastard offspring of the Marlboro Man, who will once again be forced outside if they want to light up.

The University is citing possible health problems to non-smokers and claims that smoking damages room property over time, this making it a cost-cutting move as well. The diminished threat of an accidental fire is an additional bonus, as the hopeful elimination of smokers should prevent any careless activity. By implementing this policy, MSU joins a national trend - only two other colleges in the state of New Jersey (Kean and TCNJ) presently allow smoking in residence buildings.

With this mandate comes the threat of housing withdrawal to multiple offenders, which should prove convenient for a school desperately in need of more resident space. According to the University, Resident Assistants are being instructed to strictly enforce this policy.

On the other hand, it's difficult to stop an addict from getting his fix; if people want to smoke in their room, then they'll find a way, through whatever means necessary. Just as MSU has a stern anti-

"...most students would agree that this is a wise course of action for MSU..."

alcohol/anti-marijuana policy, it's common knowledge that dedicated individuals will find a way. In that sense, this announcement comes as nothing more than a mere formality of school policy.

An additional benefit for the school is the possible reduction of marijuana use in dorm rooms. From now on the smell of any smoke will be incriminating. The rock will be kicked over; no longer could students say "it's just a cigarette."

Naturally, this is a decision that is sure to infuriate more than a few people. However, most students would agree that this is a wise course of action for MSU; the overwhelming population of this campus does not smoke, and it is the job of the University to cater to the will of the masses. And if they cannot fully eradicate smoking in the resident buildings, then this announcement, coupled with its harsh rebukes for dissenters, should work effectively in drastically reducing the presence of cigarette smoke in residence halls.

The Montclarion

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Time For MLB To Step Up to The Plate

In Aftermath of Giambi's Steroid Admission, Major League Baseball Must Enforce Anti-Steroid Policy

With the "revelation" last week of Jason Giambi's steroid use, professional athletes of all circles, baseball players in particular, should take a step back and re-evaluate the price of fame and competitive edge in regards to their perspective careers.

Last week, baseball fans across the world watched a former league MVP humiliated and disgraced on national television, admitting that he had personally injected steroids, a concession made only to avoid possible prosecution by the federal government.

What had been suspected for some time was authenticated immediately, only adding more fuel to the ongoing debate about steroids in baseball.

Former stars Jose Canseco and Ken Caminiti have previously admitted to using steroids over the course of their playing careers,

certainly tainting their accomplishments and stature as "star" players (Caminiti died of a heart attack this past year, at the age of 41).

And when you compare the home-run statistics of the last 10 years in regards to the previous 90-or-so year history of modern professional baseball, the numbers are incomprehensible: according to *espn.com*, Brady Anderson, a player accused of using steroids who had never hit more than 26 home runs in a single season over the course of his career, suddenly exploded by hitting 50 in 1995. The previous year he had hit 16, and only 18 in 1996.

Then there is, of course, the Barry Bonds' side to this case, the magnitude of which threatens the game to its very foundation; very shortly, Bonds will be on the brink of passing Hank Aaron for first place on the all-time home run list (755).

This accomplishment has not been approached even by some of the game's most legendary hitters, from Mark McGwire to Mickey Mantle to Reggie Jackson. But while Bonds was always a hall-of-fame caliber play-

er, his numbers in the past four seasons are mind-boggling: 71 home runs in 2001 (new record) and averaged 52 homeruns in the last five years, according to *espn.com*. All this was accomplished after the age of 36, a time when most athletes have become designated bench players.

Recently, under mounting heavy pressure, Bonds admitted to using steroids, but feigned ignorance in regards to the cream that was being spread under his knees. After spending the last five years denying he used steroids, Bonds eventually sidestepped the question, saying that he didn't know what he was taking, leaving me to conclude the following: Bonds will never, ever admit to having used steroids.

There are many other good reasons for why the homerun totals in the past 10 years have ballooned to the numbers they are at today; smaller ballparks, talent-stretched, watered-down pitching staffs brought on by expansion, better conditioned athletes, and possibly a "juiced" ball, designed to travel farther and faster.

Perhaps Bonds has just been advantageous of circumstance, born in the right year, and conditioned using state-of-the-art technology

designed to make him the game's best player well into his 40's. Maybe that's the case, although you can conclude what you want from the following: Giambi was asked to name the source for his steroids. His answer? Bonds' trainer.

I'm not going to sit here and give any rose-colored speeches about the accountability of ballplayers as role models to America's youth, how they're setting a bad example, etc., but I do believe that athletes should feel a measure of responsibility to each other, and the history of their game. Last week Giambi permanently soiled his name and reputation by making a concession; he was not the first to do so, but will also not be the last.

Major League Baseball, if it wishes to save face, must create and enforce strict testing policies, regardless of "privacy" complaints and other token excuses. They owe it to each other, they owe it to us as fans.

Karl de Vries, an English major, is in his first year as Opinion Editor for The Montclarion.



KARL DE VRIES
OPINION EDITOR

Draft: Dropping The F-Bomb of Freedom

In Time of War, We Must Answer The Call to Duty

Like it or not, the United States has launched a multi-front war against terrorism. As a result of the Sept. 11 attacks, our President has engaged the armed forces in an all-out war to bring those responsible to justice and deny them safe haven by confronting nations who harbor and give aide to them.



BRIAN CROSS
COLUMNIST

The men and women of the US military have fought bravely all over the globe, from the mountains of Afghanistan to the jungles of the Philippines to the deserts of Iraq.

More than 1,100 men and women have given their lives and nearly 10,000 have been wounded in the struggle to bring security to Iraq. Our army overseas in Iraq consists of nearly 40 percent National Guard and Army Reserve soldiers.

As a result of this ongoing conflict, the armed forces have developed a serious problem: they are running out of people. The men and women of the National Guard and the Army Reserve are being called out in numbers to fill the gaps that our active military is unable to do. We no longer have enough volunteers to maintain prolonged conflicts and endure long occupations.

The US has not instituted a draft since the Vietnam era, when nearly two million men were called to duty to serve their time, but the fact of the matter is it's time to start again.

The conflict in Iraq will not stop anytime soon; George W. Bush has been re-elected for a second term and has no plans of pulling our troops out right away. The US government is bolstering the number of troops to 150,000, by sending over more units and keeping those whose tours of duty are already up, forcing them to stay longer than expected.

Army sergeant Marvin Lee Trost in the 82nd airborne division was serving his third tour of duty in Iraq when he was killed this week. Tell his wife and kids that we don't need a draft. How fair is it that the men and women who volunteered to fight for their country are the only ones paying the price?

Constantly, they are being called upon to put their lives in danger while the rest of us here at home continue on with our lives.

Our nation has pledged itself to stabilize the situation in Iraq and as we have seen, the Iraqis are not ready to handle the security situation on their own. As Americans we find ourselves morally responsible to ensure that we fix the problem in Iraq, because we won't cut our losses and run as Spain did.

However, we need more men and women to do the job. The army can't keep up with its quotas for enlistments; the National Guard and the reserves are also finding themselves empty as they try to refill their ranks.

The army has instituted stop-loss measures to prevent their volunteer army from disappearing - this keeps troops who have

"The US has not instituted a draft since the Vietnam Era...but the fact of the matter is it's time to start again."

done their duty for their nation and served the time they promised from getting out.

It keeps those troops who volunteered to fight for our freedom from enjoying the lives they want after doing their civic duty. Perhaps the time has come for the US to reinstitute the draft.

The idea of mandatory military service is not uncommon in the world today. Nations like France, Israel and Spain all have compulsory military service, so that is not just volunteers who are shouldering the burden of their nation's military defense and foreign policy commitments, but the civic duty of all the citizens.

These nations recognize the benefits of their military service: they are in the best shape of their lives, taught basic self-defense and discipline, and it puts a sense of pride in the people of having done their part for the nation. Are any of these aspects so terrible that our nation couldn't follow in these footsteps to require everyone to do their part in the protection of our freedom?

Many of our fathers and grandfathers did their part in World War I, World War II, Korea and Vietnam, why can't our generation pick up our rifles and do our part to fight in the war against terrorism? Our troops are doing their part; it's time for the rest of us to follow suit.

It's completely unfair that our troops are being kept in the service long after they've done their part. It is time for America to share the responsibility, not just those who volunteered, but everyone. We need to start a draft to ease the burden on those who have already decided to go, and are having to go back two or three times.

We can't stand by and watch as our government bullies them around and keeps them because they are all the US has left. It's time for more Americans to answer the call; it's time for us to take up arms, and it's time to bring back the draft.

I, for one, will not stand by and wait for the administration to institute this policy, which seems more and more inevitable each day; I am enlisting in the Marine Corps on Jan. 10, to do my part for America.

I am doing my part for my family, my countrymen, those who are still fighting for the second or third time, and for those who have already given their lives in the name of our freedom.

Brian Cross, a political science major, is in his first year as a columnist for The Montclarion.



Kirill Leshner | Special to The Montclarion



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Statistic of the Week

11

Number of Days
Until the Last
Day of Finals

Montclarion Mailbag

Dear Editor,

Students, are you "black?" Are you "white?" Are you "other?" How many times have we, as not-readily-identifiables, been forced to label ourselves according to the standards used here in the US? How many times have you just wanted to call yourself "Moreno," "Indian," or "Trigueno?"

Well, the ever-popular safety net of "other" may soon be taken away from us. According to *The New York Times* Oct. 24 issue, in the 2000 Census, almost 15 million Latinos identified themselves as "some other race."

However, for the first time since 1940, a racial category may be removed from the US Census form. This may have devastating effects on the Census Bureau's Modified Age/ Race and Sex (MARS) file, which many federal agencies rely on.

You see, when we check off "other" on a census form, officials assign us a race. The same happens when we simply skip the question.

So, what does this mean to us? It means that politicians, among others, want us to fit into their cookie-cutter idea of what society should be. They don't care that in other parts of the world, race simply isn't as big a deal as they make it out to be here.

Latinos are the Census Bureau's fastest growing racial category, yet they can't figure out a better way to make sure that we are fairly accounted for.

In the last census, the "other" option was used almost exclusively by Latinos; wouldn't it make more sense to create another category instead of forcing us into one of the five "standard" racial categories? What about biracial people? Are they to be ignored, too?

If we are to evolve into an unbiased and tolerant society, shouldn't we begin with baby steps? It may not seem like a big deal, but the US government is telling Latinos that we are not even important enough to be counted. According to them, *we do not exist*. However, we know the truth: without Latinos, this country would not be what it is today.

Linda Paulino
Commercial Recreation & Tourism major
Senior

Dear Editor,

In an article several weeks ago, Meaghan McCallum reported that renovations for Panzer Gym were in the works. Director of Architectural and Engineering Services Douglas Cooper said, "the expansion of the gym has yet to be determined, but the administration has always anticipated and recognized the need for adjustments to be made in order to accommodate athletes and students who utilize the gym."

The article focused on several things to improve if the University is able to "cover expansion costs." I find it imperative that the university find a way to make this renovation happen and focus on the important aspects.

Obviously our University's need for a new gym has not been anticipated at all. Panzer Gym is currently the home to the many physical education classes, athletic training room and it's accredited program, all indoor sports and their locker rooms, and the work-out facility.

Our athletic population has long outgrown the current facility, and just now plans have started regarding this renovation? If this project was so anticipated, why is it a question whether expansion costs can be taken care of? I know I'm not the only one noticing all the construction the University has been undergoing. I guess the renovation of Panzer Gym isn't as high on the priority list as we thought.

The article also mentioned many problems specific to the work-out room, such as "bad lighting, dirty floors, broken weight machines..." Although I agree these issues should be addressed, I feel as though a major point was missed. The equipment is old, the atmosphere is dreary, but more importantly the room is just too small and there isn't enough equipment.

It would be nice to have all brand-new, state of the art equipment, but I'll settle for not having to wait the half hour to get on a machine, particularly the cardio machines, new or old. With only three treadmills, one of which is broken the majority of the time, and five elliptical trainers, which have also seen better days, the wait for these machines, especially at prime time, is astounding.

I hope the importance of this renovation is truly taken seriously. In my opinion it is something that is very necessary at this point. Although I'm sure expansion costs will be difficult to cover, I think this project should be high on the list. I also think it is important to focus on the alterations that would be most utilized, not necessarily those which will give the best appearance.

Erin O'Donoghue
Undeclared

Dear Editor,

I recently read the article "Car Crash Takes the Life of MSU Music Student" in the Nov. 18, 2004 edition of *The Montclarion*. I found this article to be the tragic tale of an unfortunate MSU senior and his extended family. And although the article did a great job of explaining one personal story of a drunk driving incident, it failed to do something that is equally as important.

I think that there should be a follow-up to the article explaining how to prevent drunk driving, car accidents and deaths related to that topic, and the possible outcomes for the people who are convicted of driving while intoxicated.

An anti-smoking campaign visited campus a couple days ago, and in that campaign students were given fliers and informational packets talking about the effects of smoking and how to quit. Students were also given an opportunity to "donate" one of their unused cigarettes, and in return they were given a chance to win a DVD player. I think that there should be some kind of campus rally for students against drunk driving. If we educate people about drunk driving and how it can really affect their life and the lives of others, I'm sure that we will make a difference.

Facts and other personal stories like the one found in the Nov. 18 issue of *The Montclarion* will impact people's decisions and make them think twice about drinking and driving.

Jacqueline DeRocco
Undeclared

Question of The Week

How do you feel about the
smoking ban in residence
halls for next fall?



LESLIE
MCINTOSH

Year: Junior
Major: Psychology

"Good idea!"



SONALI
GOKHALE

Year: Sophomore
Major: History

"I think this is the
best solution for non-smokers like me."



MAGGIE R.
WILLIAMS

Year: Freshman
Major: Biology

"I definitely agree
with it...why kill
everyone because they want to kill
themselves?"



JEAN
FLEURMONT

Year: Sophomore
Major: Biology

"If you want a cigarette that badly you
shouldn't have a problem walking
outside."



QUENTIN
MONDEN

Year: Freshman
Major: Education/
Early Childhood

"I think it's a great idea. I shouldn't
have to inhale smoke since I don't
smoke!"



ALISHA R.
RUSSELL

Year: Freshman
Major: Undeclared

"I feel that people
should not be able to
smoke in the dorms. If they feel the need
to endanger their health so be it."



NAHEMA FOSTER

Year: Senior
Major: Health
Education

"I agree that Residence
Life should put a smoking ban in resi-
dence halls."

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Question of the Week opinions are views expressed by the students of Montclair State University, and are not necessarily the views of The Montclarion.

WHAT'S OUT THERE

MAN AND BOY: DADA

MUSIC BY

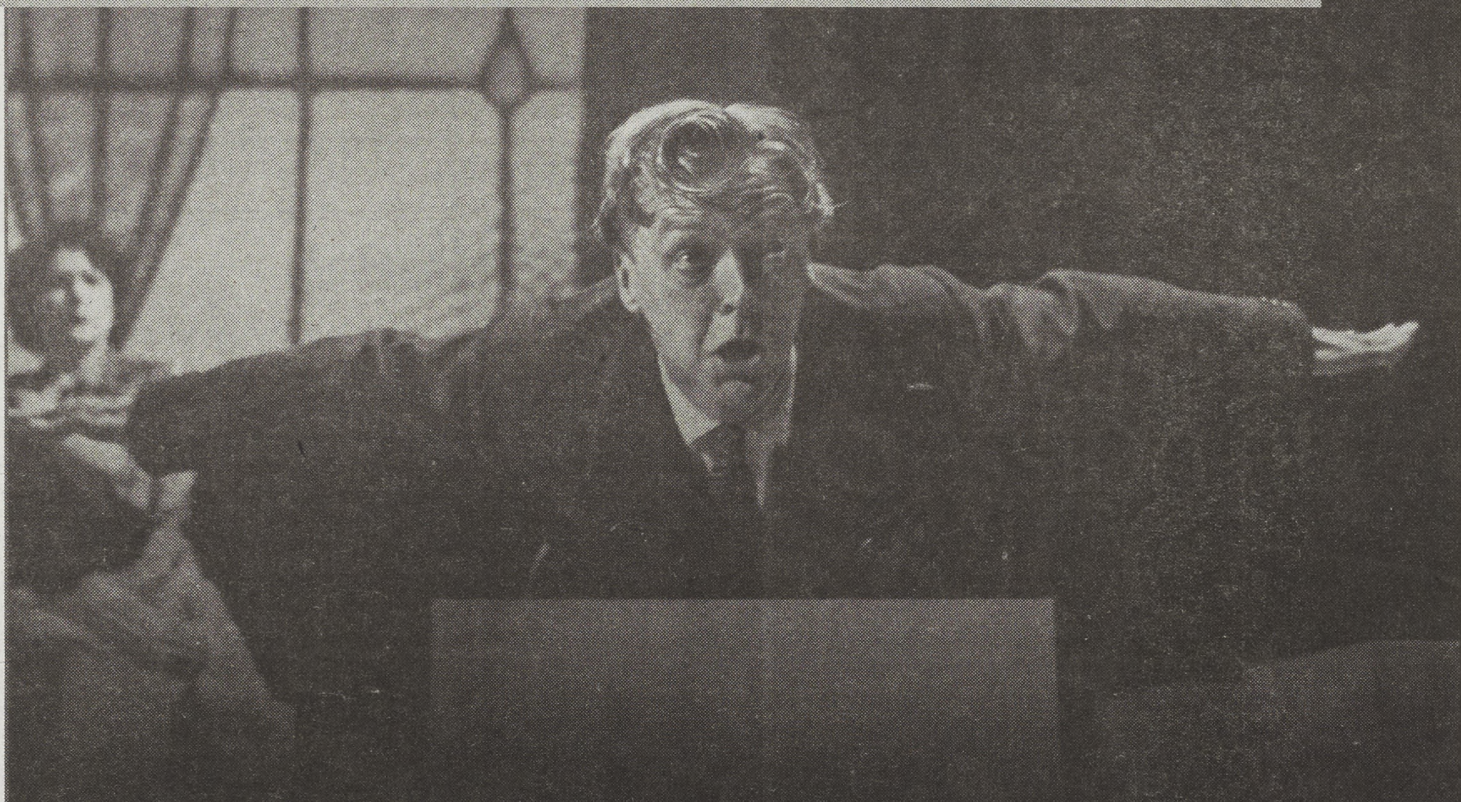
MICHAEL NYMAN

LIBRETTO BY

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- THE EVENING STANDARD (LONDON)



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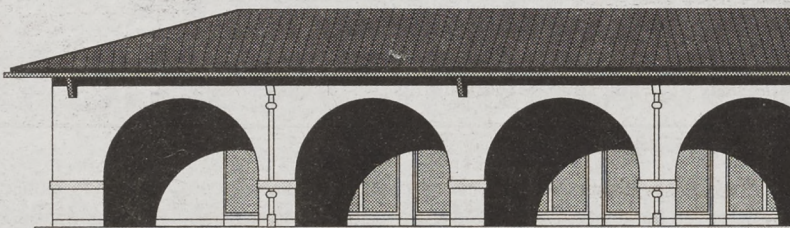
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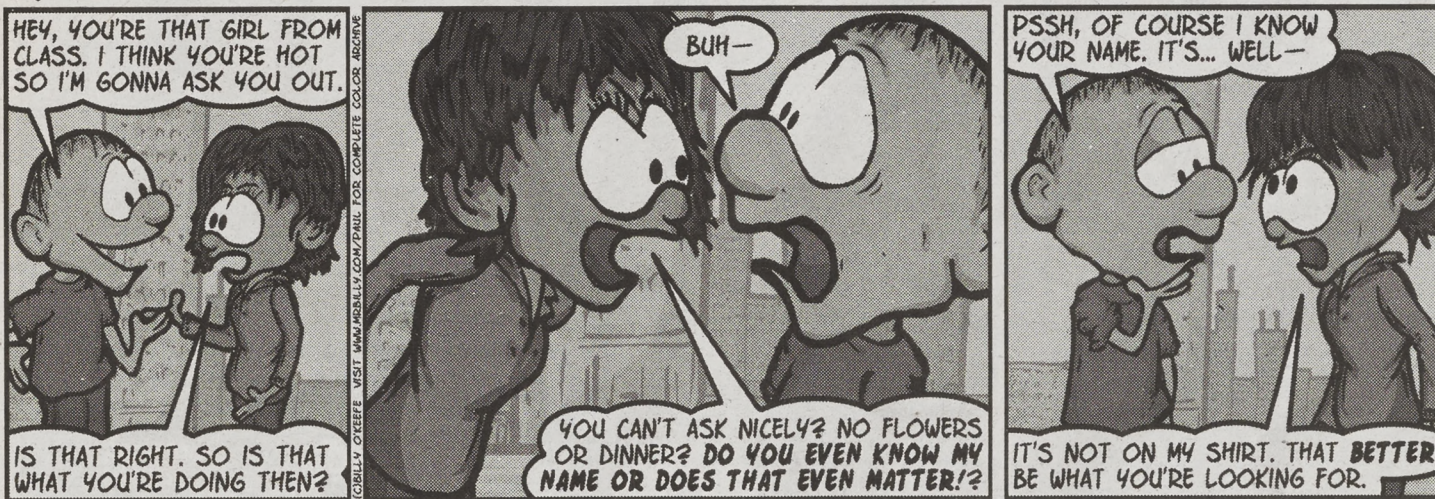
Comics

PAGE 17 — montproduction@yahoo.com

The Montclarion • December 9, 2004

www.themontclarion.org

PAUL



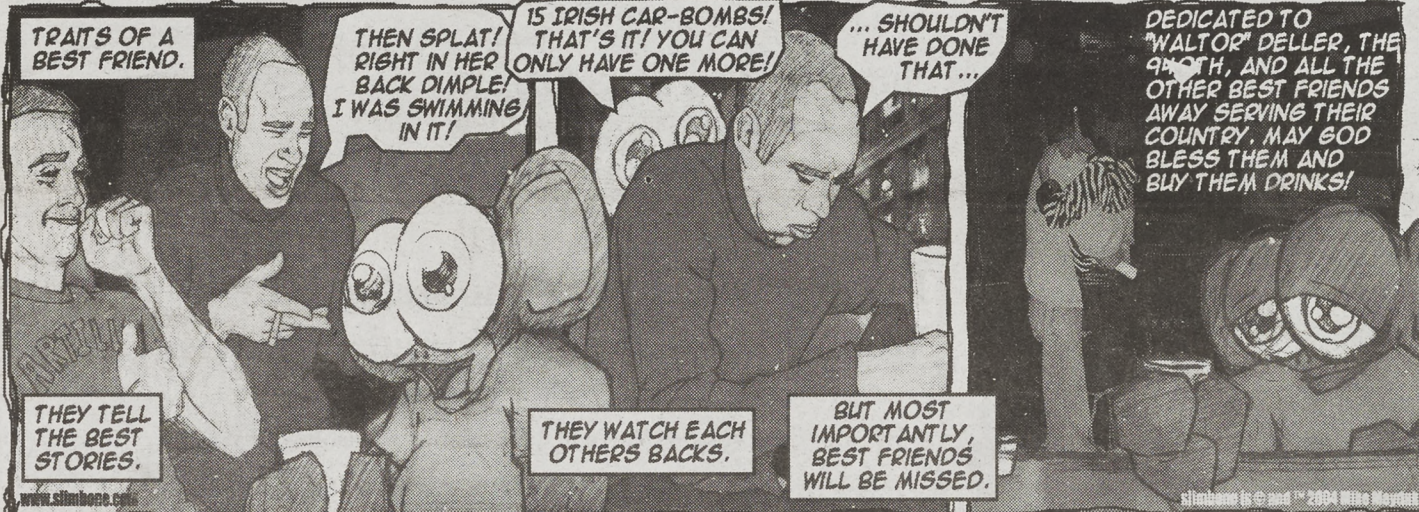
BY BILLY O'KEEFE WWW.MRBILLY.COM

The Family Monster by Josh Shalek



www.joshshalek.com kid_shay@joshshalek.com

SLIMBONE

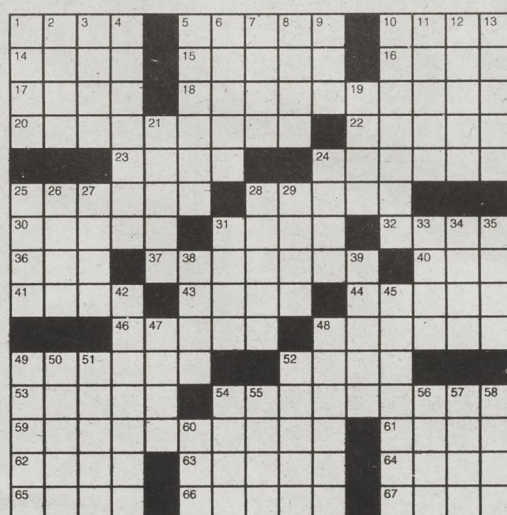


BY MIKE MAYDAK

Crossword

- ACROSS
- Toothy smile
 - Holy city of Islam
 - Willow
 - Protruding knob
 - Pewter or brass
 - Electrical cable
 - Molecule component
 - Two-tone feline
 - Lippershey's invention
 - Select group
 - Pay-phone aperture
 - Glib speech
 - Part of USSR
 - Authored
 - Put down
 - Go off, as milk
 - Mother of Zeus
 - Male heir
 - Goulash seasoning
 - Live on
 - Listen to
 - Set on fire
 - Ballroom dance
 - Loan shark's practice
 - Flash in the comics
 - Thoroughfare
 - Table seasoning
 - Cold snap
 - High-spirited
 - Unreal
 - Sandwich side
 - Peggy and Pinky
 - Cut stubble
 - Italian wine region
 - Nuisance
 - Shamble along
 - Inert gas

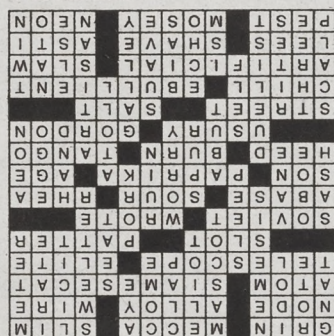
- DOWN
- Tiny flier
 - Learning method
 - Object of devotion
 - Unstoppable rival
 - Team pet
 - Poet T.S. —
 - Show appreciation



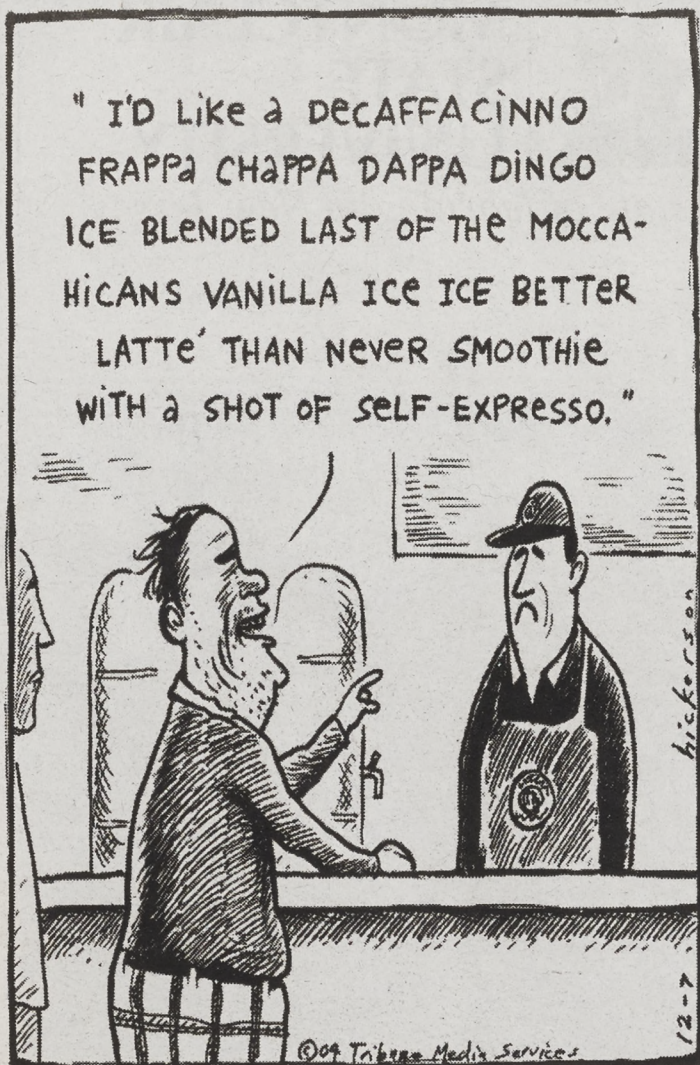
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11/05/04

Solutions



- 50 Number on a match?
- 51 Formal ceremonies
- 52 Debonair
- 54 Lover of Narcissus
- 55 Prejudice
- 56 Otherwise
- 57 Western alliance letters
- 58 Castor or Pollux
- 60 Belief system



The tolerance of a Starbucks barista is severely tested.

Taurus

(April 20 – May 20)

Once the job's done and the mess is cleaned up, let your partner or mate take control. It'll be fun to let somebody else make decisions for a while.

Lucky Number: 6

Gemini

(May 21 – June 20)

Go ahead and make the commitment that's obviously required. The next step requires a lot of work and you'll need the support of a partner.

Lucky Number: 8

Cancer

(June 21 – July 21)

The nice thing about doing a messy task is how good you feel afterwards. Don't let this moment go unacknowledged. Throw a private celebration.

Lucky Number: 6

Leo

(July 22 – August 21)

You have a pretty good sense of design and color now, so decorate. The next few days will be good for household projects, big and small.

Lucky Number: 7

Virgo

(August 22 – September 21)

Save enough out to get yourself some new tools and equipment. The more you improve your skills, the more quickly you'll make the money back.

Lucky Number: 6

Libra

(September 22 – October 22)

Give up the point you were trying to make, you can finish that some other time. Right now, it's more important to see that the job is done, quickly and right.

Lucky Number: 7

Scorpio

(October 23 – November 21)

You're getting better organized, and it'll soon be easy to make decisions and follow through on them. This will speed things up considerably.

Lucky Number: 6

Sagittarius

(November 22 – December 20)

Discuss finances with your group or committee, and take care. They might come up with a way for you to finance their latest project. Don't be too generous, you still need to pay the rent.

Lucky Number: 7

Capricorn

(December 21 – January 19)

Decision-making gets much easier for everyone tomorrow. This lifts a burden you've been carrying but you'll lose a chance to take charge. Act quickly now.

Lucky Number: 6

Aquarius

(January 20 – February 17)

Don't spend all day on the phone, even if you're talking to a foreign client. You don't want your costs to be higher than the sales you're bringing in, and neither does your boss.

Lucky Number: 8

Pisces

(February 18 – March 19)

Plan to get out tonight or tomorrow, you need a change of pace. Visit somebody you love a lot, and haven't seen for a while. You'll be re-energized.

Lucky Number: 7

Aries

(March 20 – April 19)

Once you and your partner have figured out what you think you need, go shopping together. You'll save by pooling your resources. Go after the best quality.

Lucky Number: 7

SUMMER SESSIONS 2005

Preliminary Schedule of Courses
is now posted on the web

www.montclair.edu

from Quick Links, select Login to WESS

Additional WESS Registration for
All Eligible Students*

April 22 through the first day of the course

Priority Web (WESS) Registration for
MSU Students* **April 11 - 21**

WESS at www.montclair.edu

from Quick Links, select Login to WESS
for the most up-to-date course additions,
cancellations, room assignments and seat
availability

Summer Sessions Office

College Hall, Room 215

Voice: 973-655-4352

Fax: 973-655-7851

E-Mail: **summer@montclair.edu**

Web: **www.montclair.edu/summer**

* The University reserves the right to modify the availability of WESS



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Child Care Wanted

Seeking trustworthy and energetic student (preferably student studying early childhood education or speech language) to help with babysitting for 1 and 3 year olds in Montclair starting in January (Tues, Weds and Thurs). Drivers license and references a must. Call 973.233.1504

Babysitter needed P/T Tues, Wed & Fri. hours available, in Clifton home for 20-month old. Experience, references, driver's license & car required. Dog friendly a must. \$10/hr. Call Melissa 973-472-3656.

We are looking for a warm, fun, consistent, reliable babysitter for our 16-month-old daughter. Three afternoons a week from 2:15-7:15 pm. Starting in January. Call Erika: 973-743-4248

PT experienced Babysitter with DL wanted in Montclair, mainly for three-year old twins. Up to 25 hours/week. Some light housekeeping. Please call (973) 783-9678

Child Care, Upp Mtc, 10 yr old, P/T, 3-6PM, 10-15 hrs M-F, \$10 p/h., car needed, Call Cathy 973-746-0194/914-263-3355

In Montclair, Thursdays & Fridays, 3:00-8:00. Other times, if you're interested. 2 children, 5 years and 13 months. Must have own transportation. \$10/hour. Call Phoebe: 973-783-6114

Help Wanted

We invite you to apply to join our team. Voro is an upscale restaurant and lounge opening in South Orange in late December. We are currently seeking experienced, professional waiters/ waitresses, hostesses and kitchen staff members. Please send your resume detailing all relevant work experience to: exitparty@yahoo.com

Miscellaneous

Spring Break 2005. Travel with STS, America's #1 Student Tour Operator to Jamaica, Cancun, Acapulco, Bahamas and Florida. Now hiring on-campus reps. Call for discounts. Information/Reservations 1-800-648-4849. www.ststravel.com

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Female Students- Furnished room available now to share, across the street from campus. 390/month, utilities included. Cable and internet available. Good chance to live close to MSU. Call (973) 778-1504



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If you answered yes to these questions, give us a call at (973) 244-1880 and set up an interview.

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Clifton, NJ 07013

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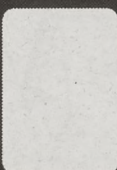
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is the number one complaint of office workers. Talk to your eyecare professional about computer eyewear to help prevent eye strain.

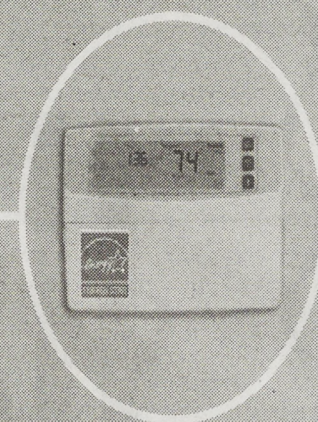
The Vision Council of America recommends regular eye exams for you and your family to ensure healthy vision.

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FINAL EXAM SCHEDULE - FALL SEMESTER 2004

December 14-20

Day Undergraduate and Graduate Courses

Tuesday - December 14

For Classes with First or Only Meeting 9n T or F at 0830am0830am-1 030am
 For Classes with First or Only Meeting on T or F at 1000am.....1045am-1245pm
 For Classes with First or Only Meeting on T or F at 1130am.....0100pm-0300pm
 For Classes with First or Only Meeting on T or F at 0100pm.....0315pm-0515pm

Wednesday - December 15

For Classes with First or Only Meeting on W at 0830am.....0830am-1030am
 For Classes with First or Only Meeting on W at 1000am.....1045am-1245pm
 For Classes with First or Only Meeting on W at 1130am.....0100pm-0300pm
 For Classes with First or Only Meeting on W at 0100pm.....0315pm-0515pm

Thursday - December 16

For Classes Meeting on MR or TR at 0700am.....0700am-0900am
 For Classes Meeting on MW at 0700am.....0915am-1115am
 For Classes with First or Only Meeting on M or Rat 0230pm0100pm-0300pm
 For Classes with First or Only Meeting on M or Rat 0400pm.....0315pm-0515pm

Friday - December 17

For Classes Meeting on TF or WF at 0700am.....0700am-0900am
 For Classes with first or only Meeting on T or F at 0230pm.....0100pm-0300pm
 For Classes with First or Only Meeting on T or F at 0400pm.....0315pm-0515pm

Monday - December 20

For Classes with First or Only Meeting on M or R at 0830am.....0830am-1030am
 For Classes with First or Only Meeting on M or R at 1000am.....1045am-1245pm
 For Classes with First or Only Meeting on M or Rat 11:30am.....0100pm-0300pm
 For Classes with First or Only Meeting on M or Rat 0100pm0315pm-0515pm

Evening/Weekend/and Off-Campus
Undergraduate and Graduate Courses

Tuesday - December 14

For Classes with first or only Meeting on Tuesday at 0530pm.....0530pm-0730pm
 For Classes with first or only Meeting on Tuesday at 0815pm.....0815pm-1015pm

Wednesday - December 15

For Classes with first or only Meeting on Wednesday at 0530pm.....0530pm-0730pm
 For Classes with first or only Meeting on Wednesday at 0815pm.....0815pm-1015pm

Thursday - December 16

For Classes with first or only Meeting on Thursday at 053pm.....053pm-0730pm
 For Classes with first or only Meeting on Thursday at 0815pm.....0815pm-1015pm

Friday - December 17

For Classes with first or only Meeting on Friday at 0530pm.....0530pm-0730pm
 For Classes with first or only Meeting on Friday at 0830pm.....0830pm-1030pm

Saturday - December 18

For Classes with first or only Meeting on Saturday at 0800am.....0800am-1000am
 For Classes with first or only Meeting on Saturday at 1100am.....1100am-0100pm
 For Classes with first or only Meeting on Saturday at 0200pm.....0200pm-0400pm

Sunday - December 19

For Classes with first or only Meeting on Sunday at 0800am.....0800am-1000am
 For Classes with first or only Meeting on Sunday at 1100am.....1100am-0100pm
 For Classes with first or only Meeting on Sunday at 0200pm.....0200pm-0400pm

Monday - December 20

For Classes with first or only Meeting on Monday at 0530pm.....0530pm-0730pm
 For Classes with first or only Meeting on Monday at 0815pm.....0815pm-1015pm

0700pm Courses

For classes with first or only meeting M,T,W,R at 0700pm.....0745pm-0945pm
 On regularly scheduled meeting day

Examination Notes:

1. All examinations are to be held in the regularly assigned classroom. In courses where more than one room is involved, the location of the exam will be the same as the first room of a series (e.g., a course meeting WF in different rooms will have the exam in the W room).
2. Courses which have a start time other than those listed above should follow the exam schedule for the preceding class start time (e.g. a course beginning at 9:30am will follow the exam period for courses with a first or only meeting at 8:30am; a course beginning at 12:00pm will follow the exam period for courses with a first or only meeting at 11:30am). Faculty involved in teaching courses on a "To Be Arranged" basis and who require an exam room are asked to make arrangements for a specific time and room. Please call the Office of the Registrar at ext. 7100 prior to November 15.
3. Students with a time conflict in their exam schedule should immediately notify each faculty member involved and make arrangements to reschedule one of

Happy Holidays!

No offense.

- The Montclarion

DeFelice's Picks
Week 14

- Patriots over Bengals
- Bills over Browns
- Packers over Lions
- Vikings over Seahawks
- Raiders over Falcons
- Jags over Bears
- Saints over Cowboys
- Colts over Texans
- Eagles over Redskins
- Steelers over Jets
- Broncos over Dolphins
- Panthers over Rams
- Cards over Niners
- Chargers over Bucs

Upset Pick

- Giants over Ravens
- Monday Night
- Chiefs over Titans

MackKerchar's Picks
Week 14

- Patriots over Bengals
- Bills over Browns
- Packers over Lions
- Ravens over Giants
- Falcons over Raiders
- Jags over Bears
- Cowboys over Saints
- Colts over Texans
- Eagles over Redskins
- Steelers over Jets
- Broncos over Dolphins
- Rams over Panthers
- Cards over Niners
- Chargers over Bucs

Upset Pick

- Vikings over Seahawks
- Monday Night
- Chiefs over Titans

Standings

Pete	Rob
33-25	40-18

G-Men
Continue
To Fall
Short

Pete DeFelice
Staff Writer

I don't think I was ever this ill after watching a football game - I had the worst case of the spins (maybe because of the amount of alcohol consumption I underwent just so the Giants looked like a decent football team). I thought this was going to be one of the easier games the Giants were going to have to play for the duration of the season, but once again, I was wrong. After the game, I was a dejected Giants fan for yet another week.

It was supposed to be the turn around game for the Giants, but instead it was just another three-hour disappointment. I watched, but couldn't believe what exactly I was seeing. We all know that Eli Manning is not quite ready for the big time yet. His timing is off, his decision-making skills during the game are lacking, and the ability to read his offense isn't exactly what Coach Coughlin would like. However, before the Eli haters go out and bash him for yet another week, let's look at the Giants' loss as a team loss.

The defense, which was once one of the greatest defenses at stopping the run, got trampled over by Clinton Portis. Tiki Barber, who is usually good at bouncing off defenders and running for big gains, didn't bounce but merely got walked on. All of this, not to mention the Shockey-catching phobia that still continues, and the Amani Toomer "I can't catch a single pass from a rookie quarterback that plants the ball in my chest" great wide receiver.

The fact of the matter is that Manning cannot be the scapegoat for every New York Giants debacle week in and week out. He is doing better than expected, given the surroundings of a ridiculously horrible team. People are wondering how Ben Rothlisburger can win so many when Manning can't seem to find a single win. Well, I think I have the answer to that one. Ben plays for the Pittsburgh Steelers, and Eli plays for the New York Giants.

This week, the Giants play the Baltimore Ravens. I dread to predict this game. The Giants, in reality, must win the next four games to even have a chance at the playoffs, not that the NFC is high in the competition chart. However, and I don't know why I am doing this, I predict that the Giants will beat the Ravens this week. The Ravens really only have a defense, and if Eli and Shockey can work on a hookup like they did two weeks ago, they do have a shot to win the game. I say Giants 21 and Ravens 17.

Willingham
Gets The
Boot; Time
For The NFL

Rob MackKerchar
Staff Writer

As the NFL season begins to wind down, the playoff picture is shaping up and planning for the 2005 season has already begun. Some coaches have already found themselves unemployed, and a few more will soon join the fired list. Recently, Butch Davis resigned as head coach of the mediocre Cleveland Browns, an expansion team that has gone nowhere since they were recreated in 1999.

The first pick in that 1999 draft, the first player to wear a Cleveland jersey in the new era, was Quarterback Tim Couch; he's not even in the league anymore. The Browns have said that they will hire a new general manager before hiring a new head coach.

Well, Cleveland, allow me to make a coaching suggestion. Tyrone Willingham was recently fired as head coach of Notre Dame, much to the chagrin of his players and fans. The Notre Dame program oozes prestige, so Willingham's 21-15 record as head coach just wasn't working out. NFL teams, especially the Cleveland Browns, should be salivating over this man's recent unemployment. He has integrity and class, not to mention a knowledge of the game. In a recent press conference, while discussing his firing, Willingham admitted that he didn't do a good enough job as coach of Notre Dame, but listed the excellent academic progress of his players as his proudest achievement.

In his parting words, Willingham said, "My wish will be that this program has great success in the future, and that whoever the coach is that he comes in and does a great job because I believe there's some great young men in this program."

After Davis' resignation, many Browns' players voiced their sense of distrust for their ex-head coach and management. Willingham's integrity could rebuild that trust. Let's also not forget Kellen Winslow Jr., the Browns first-round pick and future superstar; when choosing his college, Winslow opted not to go to the University of Washington because their head coach was too "white."

In fact, his father and the driving force in his collegiate decision, Kellen Winslow Sr., said in an interview that if he were being recruited at the time his son was, he would potentially choose Stanford, whose head coach at that time was none other than Tyrone Willingham.

His hiring would put another black head coach out there and keep superstar Kellen Winslow, or at least his father, happy.

Players Presents

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OF THE
GOLDS

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Directed by Michael Allen

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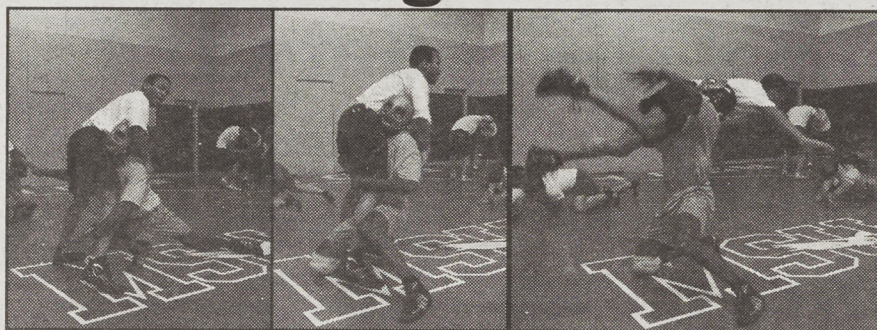
Wildcard Games
NFC: Vikings vs. Rams Seahawks vs. Packers
AFC: Chargers vs. Ravens Jets vs. Colts
Divisional Championship
NFC: Vikings vs. Falcons Eagles vs. Packers
AFC: Steelers vs. Ravens Patriots vs. Colts
Conference Championship
NFC: Falcons vs. Eagles AFC: Colts vs. Steelers
Superbowl
Falcons vs. Colts
Superbowl Winner
Indianapolis Colts

Wildcard Games
NFC: Vikings vs. Rams Bucs vs. Packers
AFC: Chargers vs. Jets Broncos vs. Colts
Divisional Championship
NFC: Vikings vs. Eagles Falcons vs. Packers
AFC: Chargers vs. Patriots Steelers vs. Colts
Conference Championship
NFC: Packers vs. Eagles AFC: Colts vs. Patriots
Superbowl
Eagles vs. Patriots
Superbowl Winner
Philadelphia Eagles

WRESTLING

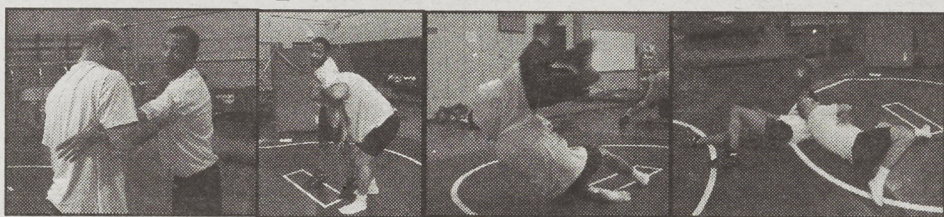
CONTINUED FROM P. 24

Double Leg Take Down



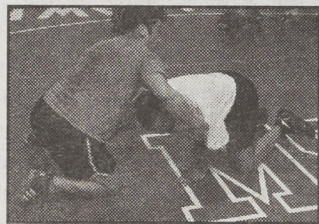
Jonathan Suero executes his move on The Montclarion Sports Editor Jose Ortiz.

Japanese Wizard



Head Coach Joe Sabol performs the arm twist.

Front Headlock



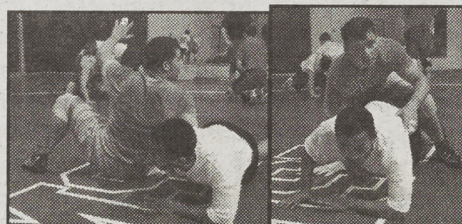
Red Hawk Aaron Salma shows his technique on Ortiz's head.

Headlock Fireman's Carry



(left) Two time All-American Dennis Gaul completes a headlock. (Right) Former National Champion Rami Ratel lifts Ortiz.

The Switch



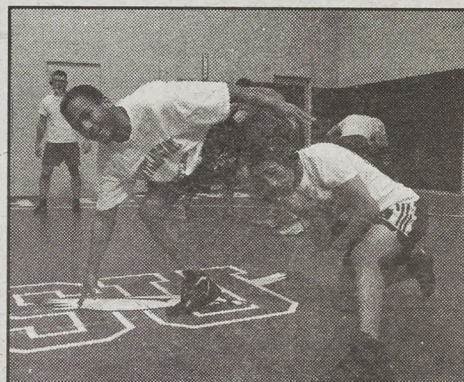
Sophomore Josh Damian performs the switch on Ortiz. In this move, Ortiz began in top position and ended in the bottom.

TOP AND BOTTOM POSITION



Red Hawk wrestler Alan Aponte is in the top position; Ortiz is on the bottom.

SINGLE LEG TAKEDOWN



Freshmen Red Hawk, Mostafa Omara takes Ortiz down.

All photos courtesy of Dominique Wilson | The Montclarion



The Sports Guy

Nothing Else Left to Say; He's Calling it Quits

Today The Sports Guy feels like the luckiest man on the face of the Earth. It has been a great ride, and The Sports Guy wouldn't trade in his time with the sportlings for anything in the world.

He was born on the baseball diamond, baptized on the soccer field, raised by a football coach, and devirginized by a cheerleader. The Sports Guy is sport, and sports are his life. When he wakes up in the morning, he eats Sports sections peppered with statistics. When he goes to sleep at night, he prays to the Sports gods for another Niners' Super Bowl win, sex with Anna Kournikova, and a Red Hawk National Championship.

Unfortunately for the athletes, the sportlings, and The Sports Guy, the national title never came. But let us not take away from the many Red Hawks accolades of the past year and a half.

The Red Hawks produced All-Americans in soccer, football, baseball, softball, and wrestling. All of the programs had plenty of all-conference, and all-region players as well.

The Sports Guy never took away from the things that made the Red Hawks great; he just mentioned those other things: mediocre football seasons, sub par volleyball seasons, and whatever else caught The Sports Guy's eye. He wasn't ever trying to find bad things to say, there were just way too many to ignore. Imagine speaking only of how good a job George W. Bush has done as President; you might get out half a sentence before you stumbled onto his glaring flaws. That's how The Sports Guy felt when writing about 8-24 teams, or when describing an 8-1 rout of the Red Hawk tennis team during the McLaughlin era.

The Sports Guy would have liked nothing more than to have only great things to say about the Red Hawks, but that simply wasn't the case. The coaches know that, the athletes know that, Sports Information knows that, and because of The Sports Guy, the sportlings know that too.

It wasn't his fault that the Red Hawk football team began this year as the conference

favorite to win it all, and they finished at a so-so 4-4, with a losing NJAC record. Maybe it's his fault for bringing that up.

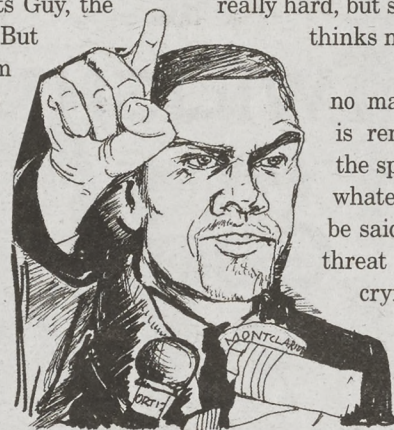
It certainly isn't The Sports Guy's problem that the field hockey team was in a perfect position to run away with their first ever conference championship this season, and blew it in a poor display losing 7-0 to TCNJ, and continued to lose for the rest of the season. What is The Sports Guy supposed to say? Good job, you tried really hard? He doesn't think so. No one cares how hard you tried if you ended up losing. The Yankees tried hard, but the Red Sox tried harder. That's sports; it's that simple. Is your professor going to give you an A because you tried really hard, but still failed? The Sports Guy thinks not.

The bottom line is that no matter how The Sports Guy is remembered, he knows, and the sportlings know, that he said whatever it was that needed to be said. He said it even with the threat of violence, with athletes crying to him, and sports information officials yelling at him. And what did The Sports Guy say to all those crybabies? Too bad, so sad, come back to The Sports Guy when you start winning.

The Sports Guy never set out to hurt anyone, he never wanted to bring swimmers to tears, he never meant to bring the volleyball team to violence, and he never meant to make Coach McLaughlin out to be a bad coach. But to any and all who have felt wronged in some way, all The Sports Guy has to say is, if the shoe fits, wear it. Don't give it back to The Sports Guy and ask him to change the size.

There is a Sports Guy in all of us. If you've ever caught yourself referring to your favorite team as 'we,' or yelled at the television screen because of some boneheaded move, you have been in touch with your inner Sports Guy.

He won't ever stop obsessing over sports, he won't ever stop saying whatever he has to say, and he will never stop being The Sports Guy. Whenever, wherever sportlings, till next time, this is and always will be The Sports Guy.



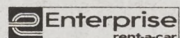
It's Chaotic.
It's Slightly Insane.

[And it's not at all where I thought I'd end up.]
BUT IT IS ALL MINE.

I always saw myself working in an office. But it turned out I like thinking on my feet, doing ten things at once. I like managing a balance sheet impacting a \$7.4 billion company. And I definitely like the potential to earn more money than my friends climbing the corporate ladder.

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SPORTS TRIVIA
QUESTION

Which team lost the first Super Bowl in NFL history?

LAST WEEK'S QUESTION

Against what team did Michael Jordan score his career high 69 points?

ANSWER TO LAST WEEK'S QUESTION

Michael Jordan scored 69 points against the Cleveland Cavaliers in 1989.

Clean up The BCS Mess

Jose Ortiz
Sports Editor

There are five undefeated teams in Division IA college football this season, and yet only four of them will be going to Bowl College Series (BCS) matches. Why is Michigan (9-2) going to the Rose Bowl, and Boise State (11-0) stuck in the Liberty Bowl?

This is just one of the many examples begging for a new system to replace the current one. The current system uses eight computers and two media polls to decide a national champion. That's like letting Olympic judges, and Big Blue, the IBM super computer decide the presidency.

This system's design is supposed to reward teams for an entire season, rather than just one game. But what this system fails to do is uphold the football philosophy that on any given day any team can win. These are the current ideals under which both the NFL, and college basketball govern themselves. The BCS is intended to make it so that there are no Cinderella stories. No Carmello Anthony and Syracuse, no Florida Marlins, and none of those little things that sometimes happen and make sports so exhilarating to watch.

Another problem with the current system is that it does not properly reward winning. Under the current rules, margin of victory and strength of schedule factor into rankings. So a one-point win doesn't count as much as a 30-point victory. Granted, one may be more convincing than the other, but where I'm from, a win is a win, and you let people make their own speculations from the score.

The so-called experts are suggesting that college football add in one extra Bowl game after the championship game. Last year,

when the University of Southern California and Louisiana State University split the National Championship, they would have played one more game against each other to determine a true champion. The problem comes up when there are five teams that are undefeated, and three that just had a bad day and lost one, like this year. If the regular season determined championships in all sports, then some of the most memorable sports moments in history would have never happened.

A playoff is the best way to determine who the true champion is, because in order to be the best, you must beat the best. The people in charge claim that there is no time for a playoff, and that it allows teams that get hot at the right time to win, and teams that have been great all season to lose. Such is the nature of the game, and if a playoff this year ended with USC gone in the first round, then maybe they weren't the best team in the nation to begin with.

If you implement a playoff in which the top eight teams battle for the national championship, I think it would create more excitement than the current BCS system. Have the first round of the playoffs be the four major bowl games, the Fiesta, Orange, Sugar, and Rose, and in the next two weekends play the semi-final, and championship game. This system would not only ensure a true champion, it wouldn't allow a 6-5 team to win a national title.

Fans don't care about the history, the mystique, or the allure of the Fiesta Bowl, they care about the match-ups. Although this year's Rose Bowl will feature Texas (10-1) and Michigan (9-2), the Liberty Bowl pitting undefeated Boise State (11-0), and Louisville (9-2) may end up being a better game.

Men's Basketball

	NJAC	Overall
TCNJ	3-0	5-1
Kean	2-1	4-1
William Paterson	2-1	4-1
Ramapo	2-1	3-1
Rowan	1-1	4-2
Richard Stockton	1-2	3-3
Rutgers-Newark	0-1	4-1
MSU	0-1	2-4
Rutgers-Camden	0-3	0-6

This Week

Saturday @ CCNY

Last Week's Results
12/03 - MSU 56, RIT 70
12/04 - MSU 78, MSU 82

Women's Basketball

	NJAC	Overall
Rowan	2-0	5-1
Kean	2-1	3-2
MSU	2-1	4-2
TCNJ	2-1	3-2
William Paterson	2-1	3-4
Ramapo	1-2	4-2
Richard Stockton	1-2	3-3
Rutgers-Camden	1-3	3-4
Rutgers-Newark	0-2	3-3

This Week

Saturday @ CCNY

Last Week's Results
12/04 - MSU 48, Rutgers 47
12/06 - MSU 80, Centenary 59

AMANDA MULLANEY
BASKETBALL



Junior
Hometown: Brooklyn, NY

Mullaney helped MSU beat Centenary with 13 points, eight rebounds, and one blocked shot.

Honorable Mentions

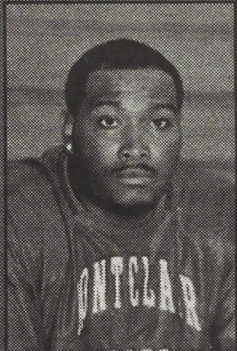
WRESTLING



ALAN APONTE
Sophomore
Hometown: Wayne, NJ

Aponte clinched an MSU victory with a 4-2 decision at 125 pounds.

BASKETBALL



AL HAWKINS
Freshman
Hometown: Linden, NJ

Hawkins scored 12 points off the bench in a loss to Centenary.

SWIMMING



KRISTINE BATES
Freshman
Hometown: Clark, NJ

Bates won the 50-meter freestyle race for MSU against Seton Hall.

BASKETBALL



JESSICA GARABRANT
Freshman
Hometown: Denville, NJ

Garrabrant scored 13 points and grabbed six boards in a win against Centenary.



Sports

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MSU Wrestlers with Their Eyes on The Prize

Jose Ortiz
Sports Editor

For the first time in a very long time, the Red Hawk wrestling team has begun a season without a returning All-American. As a result, the expectations of this year's team are a bit lower than in previous years. However, it's obvious that this view is not a prevalent one inside the wrestling room at Panzer Gym. In fact, assistant coach and former Red Hawk National Champion Rami Ratel says that his expectations are even higher.

"We have a whole new crew, all eager to learn with a very structured practice," said Ratel. "This season we are a lot more balanced than in the past. We don't have any standouts, but to my eyes, all of our guys are secret weapons."

While listening to Jay-Z and Linkin Park remixes, the team trains everyday for two hours. At the end of the session, the intensity that each of the Red Hawk wrestlers bring to the mat can clearly be seen dripping from their faces to the floor.

"We are going to have a strong team, because everyone is so competitive, and eager to do whatever it takes to get better," said Ratel.

"Anytime you have guys like that in the room it helps the team. Whenever there is competition, everyone gets better."

Unlike many other teams, both Head Coach Joe Sabol and Ratel not only lead practices by barking orders, but participate in them, showing the players that the coaches are more than willing to hit the mat.

"Sabol and I believe that using a hands-on approach will help everyone else," said Ratel. "We are leading by example."

This translates into what Ratel calls a team with excellent conditioning.

"Our conditioning is a lot better than the wrestlers from other schools," said Ratel. "All of our matches we lost by a difference in skill, which is a good sign, because skill comes in time."

The team captains this year are Jake Beitz, from the 174-lbs weight class, John Vogel from 184 lbs., and Jonathan Suero from 133 lbs. Some other wrestlers to watch for this year are freshman Mark D'Elia, transfer student Derek Goduto and senior heavyweight Danny DeJesus.

Beitz says that he is settling for nothing less than a national championship this season and expects big things from all of his teammates, captain or not.



MSU wrestling coaches and captains (from back left to front right) assistant coaches, Ted Levine, John Vogel Sr., and Rami Ratel; Head Coach Joe Sabol; team captains John Vogel Jr., and Jonathan Suero.

"As long as I put in the time and effort, it shouldn't be a problem," said Beitz. "I also think that John Vogel is capable of winning a national title. All the kids on this team are capable of being All-Americans."

Vogel isn't concerned with the accomplishments. He says he just wants to wrestle his best, train as hard as he can, and be sure to

improve on all aspects of his game.

"I'm looking forward to coaching once I'm done here," said Vogel.

The consensus around the practice room is that the best thing about wrestling is the individuality within a team game. There is no one to blame but yourself and no one to point the finger at.

"You can shine as an individual, but you are wrestling for a team," said Ratel. "There is no one to help you when you are on the mat, no guy to tag in and no one to pass the

ball to," he said.

With people banging bodies for two hours a day, this team's and every other wrestling team's number one goal is to keep everyone healthy. Another goal of the Red Hawk wrestling team is to conduct themselves in a manner becoming of good sportsmen.

"Our goals this season are to wrestle to the best of our abilities, have guys compete for a national title, with good sportsmanship along the way," said Ratel.

At the end of the day, Ratel says that winning and losing are not things that he and the coach place too much importance on. What's important to the coaching staff of this team is how they carry themselves and the kind of men that they will have a hand in producing.

The team's only female wrestler, Lorraine Enfante, says that the most appealing thing about the sport is the challenge of both physical and mental perfection.

"Wrestling takes mind, body and soul," Enfante said. "If you don't have one thing, you can't succeed. That's what makes me keep coming back, because those are the things that are important in life."

How to Be A Red Hawk Collegiate Wrestler

Jose Ortiz
Sports Editor

Having a fight with your friend or significant other? Anyone who says that violence doesn't solve anything may have a point, but violence sure has a way of making you feel better about things. There is no more entertaining way to solve a problem, or right a wrong, than by good old-fashioned hand to hand confrontation. The only problem arises when someone gets hurt and suddenly you have an emergency room visit on your hands because of a childish dispute.

This is when it pays to be a wrestler. Not a pro wrestler like The Rock, Stone Cold, or Kurt Angle, but a real wrestler. Learn everything you need to know about wrestling so you can beat what you want out of anyone, fair and square.

Time

- There are three periods of competition in a regulation match.
- The first period is three minutes.
- The second is two minutes.
- The third is two minutes.
- After the first period, the referee flips a coin and the winner of the

toss gets to choose which position he would like to start from. The coin toss winner can also choose to defer his choice, and elect to pick positions in the final period.

Three Positions

• **Neutral:** The first period of every match begins in the neutral position, which consists of both players on their feet facing each other.

• **Top:** The top position is when the wrestler is in control of the opponent, who must be in the down position.

• **Down:** The down position is the wrestler on the floor with an opponent above him in the top position.

"The bottom position is preferred because to most wrestlers it's the easiest to get out of," said MSU assistant wrestling coach Rami Ratel.

Scoring Individual Points

- **Takedowns:** A wrestler brings his opponent from neutral position into down position with the former on top and in control. (2 points)
- **Escape:** The person who is on the bottom escapes from down position and into neutral position. (1 point)
- **Reversal:** The wrestler on bottom

moves to a top position by reversing a hold or move by his opponent. The other opponent must now be in a down position and the reversing wrestler now on top. (2 points)

• **Near Falls:** When the wrestler in top position moves the bottom-position wrestler's back closer to the floor. If the distance between the bottom-position wrestler's back and the mat is less than 90 degrees, the referee begins to count.

A count of two, three, or four results in two points awarded to the wrestler on top. A count of five or more results in three points.

• **Pins:** If a wrestler's two shoulder blades are on the mat for even a second, the match is automatically over.

Scoring Team Points

- Pins and forfeits are worth six team points.
- If a player has scored 15 more individual points than his opponent, the mercy rule comes into play, and five team points are awarded.
- If a wrestler wins by eight or more individual points, four team points are awarded.
- A win by seven points or less

awards three team points.

Illegal Holds and Tactics

• **Full Nelsons:** When a wrestler reaches their arms under the armpits of their opponent, then, while lifting their opponents' arms, the wrestler clasps their hands behind their opponents neck.

• **Headlocks with both arms.**

• **No slams:** A player in collegiate style wrestling may not slam an opponent with all of their weight. It is the responsibility of the wrestler in control of the slam, to make sure that it isn't careless. If a player is injured on the slam, the referee may blow the whistle and award one team point. If the injured player cannot wrestle on, his team is awarded six points and the match.

• **No clasp hands when in top position.**

• **No scissor leg holds allowed to the head, but they are allowed to the body.**

• **A figure-four leg lock is only allowed when directed at the head, not at the body.**

Any wrestler who tries either of these moves will give one point to his opponent.

• **No Stalling:** If a wrestler is not

being offensive and is running away: **First offense:** Warning issued, no points awarded to opponent.

Second offense: One point awarded to opponent.

Third offense: One point awarded to opponent.

Fourth offense: Two points awarded to opponent.

Fifth offense: Automatic disqualification.

"A lot of guys stalled with me," said Ratel. "They were running for their lives."

Overtime

If a match is tied after regulation, a one-minute sudden death overtime decides the victor. Both players start in neutral position. If no points are scored, the match goes into double overtime. In double OT, the wrestler who scored the match's first offensive point gets to choose which position, top or bottom, that they would like to start from. The player on top must hold his opponent on the bottom for 30 seconds to get the win. The player on bottom must escape within 30 seconds to get the win.

SEE 'WRESTLING' ON P. 22

Visit www.montclair.edu/athletics.shtml for more information